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#### ΙΕΡΑ ΑΚΟΛΟΥΘΙΑ ΤΟΥ ΟΡΘΡΟΥ

ΙΕΡΕΥΣ: Εὐλογητὸς ὁ Θεὸς ἡμῶν, πάντοτε, νῦν καὶ ἀεί, καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων.

(Ἀπὸ 20<sup>η5</sup> Ἀπριλίου μεχρίς 28<sup>η5</sup> Μαΐου 2025 ἴδετε σελ. 18 )

ΨΑΛΤΗΣ: Ἀμήν.

ΙΕΡΕΥΣ: Δόξα Σοι, Χριστὲ ὁ Θεός, ἡ ἐλπὶς ἡμῶν, δόξα Σοι.

Βασιλεῦ οὐράνιε, Παράκλητε, τὸ Πνεῦμα τῆς ἀληθείας, ὁ πανταχοῦ παρὼν καὶ τὰ πάντα πληρῶν, ὁ θησαυρὸς τῶν ἀγαθῶν καὶ ζωῆς χορηγός, ἐλθὲ καὶ σκήνωσον ἐν ἡμῖν, καὶ καθάρισον ἡμᾶς ἀπὸ πάσης κηλῖδος, καὶ σῶσον, Ἀγαθέ, τὰς ψυχὰς ἡμῶν.

ΑΝΑΓΝΩΣΤΗΣ: Ἀμήν. Άγιος ὁ Θεός, Άγιος Ἰσχυρός, Άγιος Ἀθάνατος, ἐλέησον ἡμᾶς. (3)

Δόξα Πατοὶ καὶ Υἱῷ καὶ ἡΑγίῷ Πνεύματι καὶ νῦν καὶ ἀεί, καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων. Ἀμήν.

Παναγία Τοιάς, ἐλέησον ἡμᾶς. Κύοιε, ἱλάσθητι ταῖς ἁμαρτίαις ἡμῶν. Δέσποτα, συγχώρησον τὰς ἀνομίας ἡμῖν. Ἅγιε, ἐπίσκεψαι καὶ ἴασαι τὰς ἀσθενείας ἡμῶν, ἕνεκεν τοῦ ὀνόματός σου.

Κύοιε, ἐλέησον Κύοιε, ἐλέησον Κύοιε, ἐλέησον

#### THE HOLY OFFICE OF ORTHROS

**PRIEST:** Blessed is our God, now and always, and forever and ever.

(From the 20th of April until May 28, 2025 please go to page 18)

CANTOR: Amen.

**PRIEST:** Glory to You, Christ our God, and our hope, glory to You.

Heavenly King, Comforter, the Spirit of truth, everywhere present and filling all things, Treasury of blessings and Giver of Life, come and dwell in us; cleanse us of every stain and save our souls, gracious One.

READER: Amen. Holy God, Holy Mighty, Holy Immortal, have mercy on us. (3)

Glory to the Father, and the Son, and the Holy Spirit, now and always, and forever and ever. Amen.

All Holy Trinity, have mercy on us. Lord, be gracious to us in our sins. Master, forgive our transgressions. Holy One, consider our weaknesses and heal them, for Your Name's sake.

Lord, have mercy. Lord, have mercy. Lord, have mercy.

Δόξα Πατρί, καὶ Υἰῷ, καὶ ˁΑγίῳ Πνεύματι καὶ νῦν καὶ ἀεί, καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων. Ἀμήν.

Πάτεο ἡμῶν, ὁ ἐν τοῖς οὐοανοῖς, ἁγιασθήτω τὸ ὄνομά σου Ἐλθέτω ἡ βασιλεία σου Γενηθήτω τὸ θέλημά σου, ὡς ἐν οὐοανῷ, καὶ ἐπὶ τῆς γῆς. Τὸν ἄοτον ἡμῶν τὸν ἐπιούσιον δὸς ἡμῖν σήμεοον. Καὶ ἄφες ἡμῖν τὰ ὀφειλήματα ἡμῶν, ὡς καὶ ἡμεῖς ἀφίεμεν τοῖς ὀφειλέταις ἡμῶν Καὶ μὴ εἰσενέγκης ἡμᾶς εἰς πειοασμόν, ἀλλὰ ὁῦσαι ἡμᾶς ἀπὸ τοῦ πονηοοῦ.

ΙΕΡΕΥΣ: Ότι σοῦ ἐστιν ἡ βασιλεία καὶ ἡ δύναμις, καὶ ἡ δόξα, τοῦ Πατρός, καὶ τοῦ Υἰοῦ, καὶ τοῦ ᾿Αγίου Πνεύματος νῦν καὶ ἀεί, καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων.

ΑΝΑΓΝΩΣΤΗΣ: Ἀμήν. Σῶσον, Κύǫιε, τὸν λαόν σου καὶ εὐλόγησον τὴν κληǫονομίαν σου, νίκας τοῖς βασιλεῦσι κατὰ βαǫβάǫων δωǫούμενος καὶ τὸ σὸν φυλάττων διὰ τοῦ Σταυǫοῦ σου πολίτευμα.

Δόξα Πατοί, καὶ Υἱῷ, καὶ ἙΑγίφ Πνεύματι.

Ο ὑψωθεὶς ἐν τῷ Σταυϱῷ ἑκουσίως, τῆ ἐπωνύμφ σου καινῆ πολιτεία, τοὺς οἰκτιϱμούς σου δώϱησαι, Χϱιστὲ ὁ Θεός εὖφϱανον ἐν τῆ δυνάμει σου, τοὺς πιστοὺς βασιλεῖς ἡμῶν, νίκας χοϱηγῶν αὐτοῖς, κατὰ τῶν πολεμίων τὴν συμμαχίαν ἔχοιεν τὴν σὴν ὅπλον εἰϱήνης, ἀήττητον τϱόπαιον. Glory to the Father, and the Son, and the Holy Spirit, now and always, and forever and ever. Amen.

Our Father, who art in heaven, hallowed be Thy Name. Thy kingdom come, Thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil.

PRIEST: For Yours is the kingdom, and the power, and the glory, of the Father, and the Son, and the Holy Spirit, now and always, and forever and ever.

READER: Amen. Lord, save Your people and bless Your inheritance, granting victory to the Faithful over adversaries and protecting Your commonwealth by Your Cross.

Glory to the Father, and the Son, and the Holy Spirit.

Lifted up on the Cross by Your free will, Christ God, grant mercies to the new commonwealth that bears Your name. Gladden our faithful rulers by Your power, giving them victory over their adversaries. May Your alliance be for them a weapon for peace, an invincible standard. -0P@P0Z-0P#D0Z-0P#D

Καὶ νῦν καὶ ἀεί, καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων. Ἀμήν.

Προστασία φοβερά καί άκαταίσχυντε, μη παρίδης, Άγαθή, πανύμνητε τὰς ίχεσίας ήμῶν, Θεοτόκε. στήριξον Όρθοδόξων πολιτείαν, σῶζε οὕς έκέλευσας βασιλεύειν, καί χορήγει αὐτοῖς οὐρανόθεν τὴν νίκην, διότι ἔτεκες τὸν Θεόν, μόνη εὐλογημένη.

ΙΕΡΕΥΣ: Ἐλέησον ἡμᾶς, ὁ Θεός, κατὰ τὸ μέγα ἔλεός σου, δεόμεθά σου, ἐπάκουσον καὶ ἐλέησον.

ΨΑΛΤΗΣ: Κύριε, ἐλέησον. (3)

ΙΕΡΕΥΣ: <sup>\*</sup>Ετι δεόμεθα ὑπεο τῶν εὐσεβῶν καὶ ὀρθοδόξων Χοιστιανῶν.

ΨΑΛΤΗΣ: Κύριε, ἐλέησον. (3)

ΙΕΡΕΥΣ: Έτι δεόμεθα ύπεο τοῦ Ἀρχιεπισκόπου ἡμῶν (Ν.), καὶ πάσης τῆς ἐν Χοιστῷ ἡμῶν ἀδελφότητος.

ΨΑΛΤΗΣ: Κύριε, ἐλέησον. (3)

ΙΕΡΕΥΣ: Ότι ἐλεήμων καὶ φιλάνθοωπος Θεὸς ὑπάοχεις, καὶ σοὶ τὴν δόξαν ἀναπέμπομεν, τῷ Πατοί, καὶ τῷ Υἱῷ, καὶ τῷ Ἁγίῳ Πνεύματι· νῦν καὶ ἀεί, καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων.

ΨΑΛΤΗΣ: Ἀμήν. Ἐν ὀνόματι Κυρίου, εὐλόγησον, Πάτερ. Now and always, and forever and ever. Amen.

Awesome and unfailing protection, do not spurn our supplications, gracious and all-praised Theotokos. Uphold the Orthodox commonwealth, preserve those you have called to govern, and grant them victory from on high; for you, the only blessed One, gave birth to God.

PRIEST: Have mercy on us, O God, according to Your great mercy; we pray to You, hear us and have mercy.

CANTOR: Lord, have mercy. (3)

**PRIEST:** Again let us pray for all devout and Orthodox Christians.

CANTOR: Lord, have mercy. (3)

PRIEST: Again, we pray for our Archbishop (N.), and all our Brotherhood in Christ.

CANTOR: Lord, have mercy. (3)

PRIEST: For You are a merciful and loving God, and to You we give glory, to the Father, and the Son, and the Holy Spirit, now and always, and forever and ever.

CANTOR: Amen. In the Name of the Lord, Father, give the blessing.

ΙΕΡΕΥΣ: Δόξα τῆ ἀγία καὶ ὑμοουσίφ καὶ ζωοποιῷ καὶ ἀδιαιρέτφ Τριάδι, πάντοτε, νῦν καὶ ἀεί, καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων.

ΨΑΛΤΗΣ: Ἀμήν.

## Ο ΕΞΑΨΑΛΜΟΣ

ΑΝΑΓΝΩΣΤΗΣ: Δόξα ἐν ὑψίστοις Θεῷ, καὶ ἐπὶ γῆς εἰϱήνῃ, ἐν ἀνθϱώποις εὐδοκία. (3)

Κύριε, τὰ χείλη μου ἀνοίξεις, καὶ τὸ στόμα μου ἀναγγελεῖ τὴν αἴνεσίν σου. (2)

## ΨAΛMOΣ γ' (3)

-Κύριε, τί ἐπληθύνθησαν οἱ θλίβοντές με; Πολλοὶ ἐπανίστανται ἐπ' ἐμέ· -πολλοὶ λέγουσι τῆ ψυχῆ μου· οὐκ ἔστι σωτηρία αὐτῷ ἐν τῷ Θεῷ αὐτοῦ.

-Σὺ δέ, Κύοιε, ἀντιλήπτωο μου εἶ, δόξα μου καὶ ὑψῶν τὴν κεφαλήν μου.

-Φωνῆ μου πρὸς Κύριον ἐκέκραξα, καὶ ἐπήκουσέ μου ἐξ ὄρους ἁγίου αὐτοῦ.

- Ἐγὼ δὲ ἐκοιμήθην καὶ ὕπνωσα ἐξηγέρθην, ὅτι Κύριος ἀντιλήψεταί μου.

-Οὐ φοβηθήσομαι ἀπὸ μυριάδων λαοῦ, τῶν κύκλῷ συνεπιτιθεμένων μοι.

PRIEST: Glory to the Holy, and Consubstantial, and life-giving, and undivided Trinity, always, now and forever and ever.

CANTOR: Amen.

## THE SIX PSALMS

READER: Glory to God in the highest, and on earth, peace, good will to men. (3)

O Lord, open my lips, and my mouth shall show forth Your praise. (2)

## PSALM 3

-O Lord, why do so many taunt me? Many are those who rise up against me;

-Many who say to me "there is no salvation for him in his God."

-But you, O Lord, are a shield around me, my glory: the one who lifts up my head.

-I cried out to the Lord in a loud voice, and from his holy mountain he heard me.

-As for me, I lay down and slept. Then I awoke, for the Lord will be my help.

-I will not fear ten thousand people arrayed against me all around.

-0₽0₽0∑-0₽0

-Ἀνάστα, Κύριε, σῶσόν με, ὁ Θεός μου, ὅτι σὺ ἐπάταξας πάντας τοὺς ἐχθραίνοντάς μοι ματαίως, ὀδόντας ἁμαρτωλῶν συνέτριψας.

-Τοῦ Κυρίου ἡ σωτηρία, καὶ ἐπὶ τὸν λαόν σου ἡ εὐλογία σου.

#### -(Καὶ πάλιν)

- Ἐγὼ ἐκοιμήθην καὶ ὕπνωσα ἐξηγέρθην, ὅτι Κύριος ἀντιλήψεταί μου.

#### ΨΑΛΜΟΣ λζ (38)

-Κύριε, μη τῷ θυμῷ σου ἐλέγξης με, μηδὲ τῆ ὀργῆ σου παιδεύσης με.
- Ότι τὰ βέλη σου ἐνεπάγησάν μοι, καὶ ἐπεστήριξας ἐπ' ἐμὲ την χεῖρά σου.

-Οὐκ ἔστιν ἴασις ἐν τῆ σαρκί μου, ἀπὸ προσώπου τῆς ὀργῆς σου· οὐκ ἔστιν εἰρήνη ἐν τοῖς ὀστέοις μου ἀπὸ προσώπου τῶν ἁμαρτιῶν μου.

- Ότι αί ἀνομίαι μου ὑπερῆραν τὴν κεφαλήν μου, ὡσεὶ φορτίον βαρὺ ἐβαρύνθησαν ἐπ' ἐμέ.

-Προσώζεσαν καὶ ἐσάπησαν οἱ μώλωπές μου, ἀπὸ προσώπου τῆς ἀφροσύνης μου.

- Ἐταλαιπώρησα καὶ κατεκάμφθην ἕως τέλους· ὅλην τὴν ἡμέραν σκυθρωπάζων ἐπορευόμην.

- Ότι αἱ ψόαι μου ἐπλήσθησαν ἐμπαιγμάτων, καὶ οὐκ ἔστιν ἴασις ἐν τῆ σαρκί μου.

-Arise, O Lord, and save me, my God! For you have stricken all who hated me without cause; you have shattered the sinners' teeth.

-This deliverance is the Lord's. Upon your people be your blessing!

#### (Again)

-As for me, I lay down and slept. Then I awoke, for the Lord will be my help.

#### **PSALM 37 (38)**

O Lord, in your anger rebuke me not, chastise me not in your wrath.
Your arrows have bored into me, and your hand weighs heavily upon me.

-Because of your wrath, there is no soundness in my flesh; there is no peace in my bones because of my sins.

-For my iniquities have overwhelmed me: they have weighed upon me like a heavy load.

-My sores have become stench and festering because of my folly.

-A stooping and exhausted wreck, I stumbled, mourning all the day.

-My loins were burning with fever, for my life is a total mockery, and there is no soundness in my flesh.

## ΟΡΤΗΡΟς ΕΟΡ ΩΙΝΠΑΥ

ORTHROS FOR SUNDAY	
-ορθροσ-ορθροσ-ορθροσ-ορθροσ-ορθροσ-ορθροσ-ορθροσ-ορθροσ- - Ἐκακώθην, καὶ ἐταπεινώθην ἕως σφόδρα· ἀρυόμην ἀπὸ στεναγμοῦ τῆς καρδίας μου.	-I was crushed and deeply afflicted; I roared with the groaning of my heart.
-Κύφιε, ἐναντίον σου πᾶσα ἡ ἐπιθυμία μου, καὶ ὁ στεναγμός μου ἀπὸ σοῦ οὐκ ἀπεκφύβη. -Ἡ καφδία μου ἐταφάχθη, ἐγκατέλιπέ με ἡ ἰσχύς μου, καὶ τὸ φῶς τῶν ὀφθαλμῶν μου καὶ αὐτὸ οὐκ ἔστι μετ' ἐμοῦ.	<ul><li>O Lord, all my longing is known to you, and my groaning is no secret to you.</li><li>My heart races, my strength has left me, and even the light of my eyes has failed me.</li></ul>
- Ότι οἱ φίλοι μου καὶ οἱ πλησίον μου ἐξ ἐναντίας μου ἤγγισαν καὶ ἔστησαν, καὶ οἱ ἔγγιστά μου ἀπὸ μακρόθεν ἔστησαν.	-My friends and companions approached and stood by, while my closest kinsmen kept their distance.
μαλύσσεν εστησαν. -Καὶ ἐξεβιάζοντο οἱ ζητοῦντες τὴν ψυχήν μου, καὶ οἱ ζητοῦντες τὰ κακά μοι ἐλάλησαν ματαιότητας, καὶ δολιότητας ὅλην τὴν ἡμέϱαν ἐμελέτησαν.	-And those who sought my life were egged on while those who wished me ill spoke lies, plotting deception all the day.
- Ἐγὼ δὲ ὡσεὶ κωφὸς οὐκ ἤκουον, καὶ ὡσεὶ ἄλαλος οὐκ ἀνοίγων τὸ στόμα αὐτοῦΚαὶ ἐγενόμην ὡσεὶ ἄνθϱωπος οὐκ ἀκούων καὶ οὐκ ἔχων ἐν τῷ στόματι αὐτοῦ ἐλεγμούς.	-But I remained as a deaf man, and heard them not; as a dumb man, and opened not my mouth, -As a man who has not heard a thing, and thus has no retort upon his lips.
- Ότι ἐπὶ σοί, Κύριε, ἤλπισα σὺ εἰσακούση, Κύριε, ὁ Θεός μου. Ότι εἶπον -Μήποτε ἐπιχαρῶσί μοι οἱ ἐχθροὶ μου, καὶ ἐν τῷ σαλευθῆναι πόδας μου, ἐπ' ἐμὲ ἐμεγαλοὀ᠔ημόνησαν.	<ul> <li>-In you, O Lord, I have placed my trust: you will give heed, O Lord, my God!</li> <li>-I said, "Oh, that my foes cease to gloat over me who bluster mightily when my feet stumbled."</li> </ul>
-Ότι ἐγὼ εἰς μάστιγας ἕτοιμος, καὶ ἡ ἀλγηδών μου ἐνώπιόν μού ἐστι διαπαντός.	-As for me, I am ready to be scourged, and my pain is with me always.
οιαπαντος. - Ότι τὴν ἀνομίαν μου ἐγὼ ἀναγγελῶ, καὶ μεομινήσω ὑπὲο τῆς ἁμαοτίας μου.	-Indeed, I myself confess my guilt, and I will live in anguish because of my sin.

-0P@P0Z-0P#D0Z-0P#D

-Oi δÈ έχθροί ζῶσι καί μου κεκραταίωνται ύπερ ἐμέ, καί έπληθύνθησαν οἱ μισοῦντές με ἀδίχως. -Οί άνταποδιδόντες μοι κακά άντὶ ἐνδιέβαλλόν ἀγαθῶν ue. έπεì κατεδίωκον ἀγαθωσύνην.

-Μη ἐγκαταλίπης με, Κύοιε, δ Θεός μου, μη ἀποστῆς ἀπ' ἐμοῦ. Ποόσχες εἰς την βοήθειάν μου, Κύοιε τῆς σωτηρίας μου.

## -(Καὶ πάλιν)

-Μή ἐγκαταλίπης με, Κύριε, ὁ Θεός μου, μὴ ἀποστῆς ἀπ' ἐμοῦ. Πρόσχες εἰς τὴν βοήθειάν μου, Κύριε τῆς σωτηρίας μου.

## ΨΑΛΜΟΣ $ξ\beta'(63)$

- Ο Θεός, ὁ Θεός μου, πρὸς σὲ ὀρθρίζω.

- Ἐδίψησέ σε ἡ ψυχή μου, ποσαπλῶς σοι ἡ σάوξ μου ἐν γῆ ἐρήμῳ καὶ ἀβάτῳ καὶ ἀνύδρῳ.

-Οὕτως ἐν τῷ ἁγίῳ ὤφθην σοι, τοῦ ἰδεῖν τὴν δύναμίν σου καὶ τὴν δόξαν σου,

- Ότι κρείσσον τὸ ἔλεός σου ὑπὲρ ζωάς τὰ χείλη μου ἐπαινέσουσί σε.

-Οὕτως εὐλογήσω σε ἐν τῆ ζωῆ μου, καὶ ἐν τῷ ὀνόματί σου ἀοῶ τὰς χεῖράς μου.

- Ως ἐκ στέατος καὶ πιότητος ἐμπλησθείη ἡ ψυχή μου· καὶ χείλη ἀγαλλιάσεως αἰνέσει τὸ στόμα μου. -But my enemies survive and overpower me, and those who hate me without cause are multiplied.

-Those who, rendering evil for good, opposed me when I sought but justice.

-O Lord God, forsake me not! Stay not afar from me.

-Hasten to help me, O Lord of my salvation!

#### (Again)

-O Lord God, forsake me not! Stay not afar from me.

-Hasten to help me, O Lord of my salvation!

#### **PSALM 62 (63)**

-O God, my God, at dawn I rise to you.

-My soul has thirsted for you, and oh, how my flesh has hungered for you!

-Like a desolate and trackless, land that has no water, so did I come before you in your holy place to see the power and the glory that are yours.

-Since your love is better than life itself, my lips shall declare your praise.

-So shall I bless you as long as I live, and lift up my hands and call upon your name.

-My soul shall be filled as with choicest fare, and joyful lips will praise your name. **ORTHROS FOR SUNDAY** 

έμνημόνευόν -As I lay on my couch, I remembered -Ei έπì σου τῆς στρωμνῆς μου, you; I meditated on you throughout τοῖς ὄρθροις čν ἐμελέτων εἰς σέ. the early watches: - Ότι ἐγενήθης βοηθός μου, καὶ ἐν τῆ -That you became for me the helping πτερύγων one, that in the shelter of your wings, I σκέπη τῶν σου ἀγαλλιάσομαι. will find delight. - Ἐκολλήθη ἡ ψυχή μου ὀπίσω σου, -My soul clings to you, and your right έμοῦ δὲ ἀντελάβετο ἡ δεξιά σου. hand holds me up. -Αὐτοὶ δὲ εἰς μάτην ἐζήτησαν τὴν -But as for those who sought my life in ψυχήν μου είσελεύσονται είς τὰ vain, may they sink into the depths of κατώτατα τῆς γῆς. the earth. -Παραδοθήσονται εἰς γεῖρας -And be given over to the sword. The **δομφαίας**, μερίδες άλωπέκων prev of jackals they shall be. έσονται. - Ο δε βασιλεύς εύφρανθήσεται έπι -But the king shall rejoice in God, and τῶ Θεῶ· ἐπαινεθήσεται πᾶς ὁ ὀμνύων all who swear by him shall glory, for ἐν αὐτῶ, ότι ένεφράγη στόμα the mouth of liars is stopped. λαλούντων ἄδικα. (Again) -(Καὶ πάλιν) - I meditated on you throughout the - Έν τοῖς ὄρθροις ἐμελέτων εἰς σέ, ὅτι early watches: That you became for έγενήθης βοηθός μου, καὶ ἐν τῆ σκέπη τῶν πτερύγων σου ἀγαλλιάσομαι. me the helping one, that in the shelter of your wings, I will find delight. - Ἐκολλήθη ἡ ψυχή μου ὀπίσω σου, -My soul clings to you, and your right έμοῦ δὲ ἀντελάβετο ἡ δεξιά σου. hand holds me up. Δόξα Πατρί, καὶ Υἱῷ, και Άγίω Glory to the Father, and the Son, and Πνεύματι και νῦν και ἀεί, και εἰς the Holy Spirit, now and always, and τοὺς αἰῶνας τῶν αἰώνων. Ἀμήν. forever and ever. Amen. Άλληλούϊα, Άλληλούϊα, Άλληλούϊα. Alleluia, Alleluia, Alleluia. Glory to Δόξα Σοι, ὁ Θεός. (3) You, O God. (3)έλέησον, Κύριε, Lord, have mercy. Lord, have mercy. Κύοιε. έλέησον, Κύριε, ἐλέησον. Lord, have mercy.

Δόξα Πατρί, καὶ Υἰῷ, καὶ ἡΑγίφ Πνεύματι καὶ νῦν καὶ ἀεί, καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων. Ἀμήν.

## ΨΑΛΜΟΣ πζ' (88)

-Κύριε ὁ Θεὸς τῆς σωτηρίας μου, ἡμέρας ἐκέκραξα καὶ ἐν νυκτὶ ἐναντίον σου.

-Εἰσελθέτω ἐνώπιόν σου ἡ προσευχή μου, κλῖνον τὸ οὖς σου εἰς τὴν δέησίν μου.

Ότι ἐπλήσθη κακῶν ἡ ψυχή μου, καὶ
 ἡ ζωή μου τῷ Ἀδη ἤγγισε.

-Προσελογίσθην μετά τῶν καταβαινόντων εἰς λάκκον ἐγενήθην ώσεὶ ἄνθρωπος ἀβοήθητος, ἐν νεκροῖς ἐλεύθερος.

- Ωσεὶ τραυματίαι καθεύδοντες ἐν τάφῳ, ὦν οὐκ ἐμνήσθης ἔτι, καὶ αὐτοὶ ἐκ τῆς χειρός σου ἀπώσθησαν.

- Έθεντό με έν λάκκω κατωτάτω, έν σκοτεινοῖς καὶ ἐν σκιῷ θανάτου.

- Ἐπ' ἐμὲ ἐπεστηρίχθη ὁ θυμός σου, καὶ πάντας τοὺς μετεωρισμούς σου ἐπήγαγες ἐπ' ἐμέ.

- Ἐμάκουνας τοὺς γνωστούς μου ἀπ'
 ἐμοῦ· ἔθεντό με βδέλυγμα ἑαυτοῖς.

-Παρεδόθην καὶ οὐκ ἐξεπορευόμην οἱ ὀφθαλμοί μου ἠσθένησαν ἀπὸ πτωχείας.

- Ἐκέκραξα πρὸς σὲ Κύριε, ὅλην τὴν ἡμέραν, διεπέτασα πρὸς σὲ τὰς χεῖρας μου. Glory to the Father, and the Son, and the Holy Spirit, now and always, and forever and ever. Amen.

## **PSALM 87 (88)**

-O Lord, God of my salvation, day and night I cried out before you.

-Let my prayer reach up to you, lend your ear to my plea, O Lord.

-For my soul was filled with trouble, and my life came close to Hades.

-I was reckoned with those who go down to the pit; I was like a man beyond help, left for dead.

-Like the slain left to lie in the grave, those you remember no more: for they are cut away from your hand.

-You have cast me down to the deepest abyss, into darkness and the shadow of death.

-Your anger was a burden upon me, you poured your billows over me.

-You took my friends away from me, you made me loathsome to them.

-I was closed in and could not escape, my eyes grew dim with distress.

-I cried out to you, O Lord, all the day, I stretched out my hands to you.

ΡΘΡΟΣ-ΟΡΘΡΟΣ-ΟΡΘΡΟΣ-ΟΡΘΡΟΣ-ΟΡΘΡΟΣ-ΟΡΘΡΟΣ-ΟΡΘΡΟΣ-ΟΡΘΡΟΣ-	ϽΡΘΡΟΣ-ΟΡΘΡΟΣ-ΟΡΘΡΟΣ-ΟΡΘΡΟΣ-ΟΡΘΡΟΣ-ΟΡΘΡΟΣ-ΟΡΘΡΟΣ-ΟΡΘΡΟΞ-ΟΡΘΡ 
-Μὴ τοῖς νεκροῖς ποιήσεις θαυμάσια; ἥ ἰατροὶ ἀναστήσουσι καὶ ἐξομολογήσονταί σοι;	-But will you work wonders for the dead? Or can physicians raise them up to sing your praise?
-Μή διηγήσεταί τις ἐν τῷ τάφῳ τὸ ἔλεός σου, καὶ τὴν ἀλήθειάν σου ἐν τῆ ἀπωλεία;	-Does anyone sing your love in the grave, or your truthfulness in the midst of perdition?
-Μή γνωσθήσεται ἐν τῷ σκότει τά θαυμάσιά σου, καὶ ἡ δικαιοσύνη σου ἐν γῆ ἐπιλελησμένῃ; -Κἀγὼ πρὸς σέ, Κύριε, ἐκέκραξα, καὶ τὸ πρωῒ ἡ προσευχή μου προφθάσει σε.	<ul> <li>Are your marvels ever known in darkness or your justice in the land of oblivion?</li> <li>And yet, O Lord, I cried out to you, and to you my prayer shall rise at dawn.</li> </ul>
<ul> <li>Ίνα τί, Κύριε, ἀπωθεῖς τὴν ψυχήν μου, ἀποστρέφεις τὸ πρόσωπόν σου ἀπ' ἐμοῦ;</li> <li>Πτωχός εἰμι ἐγώ, καὶ ἐν κόποις ἐκ νεότητός μου ὑψωθεὶς δὲ ἐταπεινώθην καὶ ἐξηπορήθην.</li> </ul>	<ul> <li>-Why, O Lord, do you reject my prayer? Why do you hide your face away from me?</li> <li>-I am wretched and troubled since my youth; I was raised high, then humbled and distressed.</li> </ul>
- Ἐπ' ἐμὲ διῆλθον αἱ ὀϱγαί σου, οἱ φοβερισμοί σου ἐξετάραξάν με. - Ἐκύκλωσάν με ὡσεὶ ὕδωρ, ὅλην τὴν ἡμέραν περιέσχον με ἅμα.	<ul><li>Your plagues have swept over me and your terrors have left me shaken.</li><li>They surround me like waters all the day; they close in upon me from all sides.</li></ul>
- Ἐμάκουνας ἀπ' ἐμοῦ φίλον καὶ πλησίον, καὶ τοὺς γνωστούς μου ἀπὸ ταλαιπωρίας.	-You have distanced from me friend and neighbor, and my acquaintances, so wretched am I.
-(Καὶ πάλιν) -Κύqιε, ὁ Θεὸς τῆς σωτηqίας μου, ἡμέqας ἐκέκqαξα, και ἐν νυκτὶ ἐναντίον σου.	(Again) -O Lord, God of my salvation, day and night I cried out before you.
-Εἰσελθέτω ἐνώπιόν σου ἡ προσευχή μου κλῖνον τὸ οὗς σου εἰς τὴν δέησίν μου.	-Let my prayer reach up to you, lend your ear to my request, O Lord.

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#### ΨAΛMOΣ ρβ' (103)

-Εὐλόγει, ἡ ψυχή μου, τὸν Κύριον, καὶ πάντα τά ἐντός μου τὸ ὄνομα τὸ ἅγιον αὐτοῦ.

-Εὐλόγει, ἡ ψυχή μου, τὸν Κύριον, καὶ μὴ ἐπιλανθάνου πάσας τὰς ἀνταποδόσεις αὐτοῦ.

-Τὸν εὐϊλατεύοντα πάσας τὰς ἀνομίας σου, τὸν ἰώμενον πάσας τὰς νόσους σου.

-Τὸν λυτρούμενον ἐκ φθορᾶς τὴν ζωήν σου, τὸν στεφανοῦντά σε ἐν ἐλέει καὶ οἰκτιρμοῖς.

-Τὸν ἐμπιμπλῶντα ἐν ἀγαθοῖς τὴν ἐπιθυμίαν σου, ἀνακαινισθήσεται ὡς ἀετοῦ ἡ νεότης σου.

-Ποιῶν ἐλεημοσύνας ὁ Κύριος, καὶ κρῖμα πᾶσι τοῖς ἀδικουμένοις. Ἐγνώρισε τὰς ὁδοὺς αὐτοῦ τῷ Μωϋσῆ, τοῖς υἱοῖς Ἰσραὴλ τὰ θελήματα αὐτοῦ.

-Οἰκτίομων καὶ ἐλεήμων ὁ Κύοιος, μακοόθυμος καὶ πολυέλεος οὐκ εἰς τέλος ὀργισθήσεται, οὐδὲ εἰς τὸν αἰῶνα μηνιεῖ.

-Οὐ κατὰ τὰς ἀνομίας ἡμῶν ἐποίησεν ἡμῖν, οὐδὲ κατὰ τὰς ἁμαρτίας ἡμῶν ἀνταπέδωκεν ἡμῖν.

- Ότι κατὰ τὸ ὕψος τοῦ οὐρανοῦ ἀπὸ τῆς γῆς, ἐκραταίωσε Κύριος τὸ ἐλεος αὐτοῦ ἐπὶ τοὺς φοβουμένους αὐτόν.

#### **PSALM 102 (103)**

-Bless the Lord, O my soul! May all that is in me bless his holy name.

-Bless the Lord, O my soul, and forget not all the gifts from him.

-Who pardons all your sins and heals all your infirmities.

-Who ransoms your life from corruption and crowns you with his love and mercies.

-Who fills your longing with what is good, and your youth is renewed like the eagle's.

-The Lord performs deeds of kindness, and vindication for all the oppressed. He has made known his ways to Moses, and his will to Israel's children.

-The Lord is the one of compassion and mercy, long-suffering and manifold love. His contention is not forever, nor will his anger always last.

-He has not dealt with us as our sins demand, nor does he repay our evil deeds.

-For as high as the heavens stand over the earth, so far has the Lord extended his love for those who fear him.

	-0P0P02-0P0P02-0P0P02-0P0P02-0P0P02-0P0P02-0P0P02-0P0
-Καθόσον ἀπέχουσιν ἀνατολαὶ ἀπὸ δυσμῶν, ἐμάκουνεν ἀφ᾽ ἡμῶν τὰς ἀνομίας ἡμῶν.	-As far as the East is from the West, so far has he removed our sins from us.
-Καθὼς οἰκτείρει πατὴρ υἱούς, ὠκτείρησε Κύριος τοὺς φοβουμένους	-As kind as a father is to his children, so is the Lord to those who fear him.
αὐτόν - Ότι αὐτὸς ἔγνω τὸ πλάσμα ἡμῶν, ἐμνήσθη ὅτι χοῦς ἐσμέν.	-For he himself knows well how we were formed: remembers: we are only made of dust.
-Ἀνθρωπος, ώσεὶ χόρτος αἱ ἡμέραι αὐτοῦ, ὡσεὶ ἄνθος τοῦ ἀγροῦ, οὕτως ἐξανθήσει.	-A man! His days resemble grass: As a flower of the field, so shall he bloom.
- Ότι πνεῦμα διῆλθεν ἐν αὐτῷ, καὶ οὐχ ὑπάϱξει, καὶ οὐκ ἐπιγνώσεται ἔτι τὸν τόπον αὐτοῦ. -Τὸ δὲ ἔλεος τοῦ Κυϱίου ἀπὸ τοῦ αἰῶνος, καὶ ἕως τοῦ αἰῶνος ἐπὶ τοὺς φοβουμένους αὐτόν.	<ul><li>But let a breeze pass over him and he is gone, and never shall he know his place again.</li><li>But the love of the Lord is from all eternity and to all eternity for those who fear him.</li></ul>
-Καὶ ἡ δικαιοσύνη αὐτοῦ ἐπὶ υἱοῖς υἱῶν, τοῖς φυλάσσουσι τὴν διαθήκην αὐτοῦ, καὶ μεμνημένοις τῶν ἐντολῶν αὐτοῦ, τοῦ ποιῆσαι αὐτάς. -Κύϱιος ἐν τῷ οὐϱανῷ ἡτοίμασε τὸν θϱόνον αὐτοῦ, καὶ ἡ βασιλεία αὐτοῦ πάντων δεσπόζει.	<ul> <li>And his justice is upon the children of children of those who keep his covenant and remember his laws to obey them.</li> <li>The Lord has established his throne in heaven. Over all things his kingship is supreme.</li> </ul>
-Εὐλογεῖτε τὸν Κύϱιον πάντες οἱ Ἄγγελοι αὐτοῦ, δυνατοὶ ἰσχύϊ ποιοῦντες τὸν λόγον αὐτοῦ, τοῦ ἀκοῦσαι τῆς φωνῆς τῶν λόγων αὐτοῦ.	-Bless the Lord, all you his angels, you strong and mighty ones who obey his word on hearing the sound of his decree.
αυτου. -Εὐλογεῖτε τὸν Κύϱιον πᾶσαι αἱ Δυνάμεις αὐτοῦ, λειτουϱγοὶ αὐτοῦ, οἱ ποιοῦντες τὸ θέλημα αὐτοῦ.	-Bless the Lord, all you his powers, his attendants who obey his will.
-Εὐλογεῖτε τὸν Κύϱιον πάντα τὰ ἔϱγα αὐτοῦ, ἐν παντὶ τόπῳ τῆς δεσποτείας αὐτοῦ· εὐλόγει, ἡ ψυχή μου, τὸν Κύϱιον.	-Bless the Lord, all you his works, in every place of his dominion. -Bless the Lord, O my soul!

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#### -(Καὶ πάλιν)

- Έν παντὶ τόπῷ τῆς δεσποτείας αὐτοῦ· εὐλόγει, ἡ ψυχή μου, τὸν Κύριον.

#### ΨΑΛΜΟΣ ρμβ' (143)

-Κύριε, εἰσάκουσον τῆς προσευχῆς μου, ἐνώτισαι τὴν δέησίν μου ἐν τῆ ἀληθεία σου, εἰσάκουσόν μου ἐν τῆ δικαιοσύνη σου.

-Καὶ μὴ εἰσέλθης εἰς κρίσιν μετὰ τοῦ δούλου σου, ὅτι οὐ δικαιωθήσεται ἐνώπιόν σου πᾶς ζῶν.

Ότι κατεδίωξεν ὁ ἐχθρὸς τὴν ψυχήν μου ἐταπείνωσεν εἰς γῆν τὴν ζωήν μου.
Ἐκάθισέ με ἐν σκοτεινοῖς, ὡς νεκροὺς αἰῶνος καὶ ἠκηδίασεν ἐπ' ἐμὲ τὸ πνεῦμά μου, ἐν ἐμοὶ ἐταράχθη ἡ καρδία μου.

- Ἐμνήσθην ἡμεϱῶν ἀϱχαίων, ἐμελέτησα ἐν πᾶσι τοῖς ἔϱγοις σου, ἐν ποιήμασι τῶν χειϱῶν σου ἐμελέτων.

Διεπέτασα πρὸς σὲ τὰς χεῖράς μου ἡ ψυχή μου ὡς γῆ ἄνυδρός σοι.
Ταχὺ εἰσάχουσόν μου, Κύριε ἐξέλιπε τὸ πνεῦμά μου

-Μή ἀποστρέψης τὸ πρόσωπόν σου ἀπ' ἐμοῦ, καὶ ὁμοιωθήσομαι τοῖς καταβαίνουσιν εἰς λάκκον. -Ἀκουστὸν ποίησόν μοι τὸ πρωῒ τὸ ἔλεός σου, ὅτι ἐπὶ σοὶ ἤλπισα.

-Γνώρισόν μοι, Κύριε, ὁδὸν ἐν ἦ πορεύσομαι, ὅτι πρὸς σὲ ἦρα τὴν ψυχήν μου. (Again) -Bless the Lord, O my soul! In every place of his dominion.

#### **PSALM 142 (143)**

-O Lord, hear my prayer; in your truthfulness, give heed to my plea, and in your righteousness answer me;

-And enter not into judgment with your servant, since of all the living, none is just in your sight.

-The enemy has hunted me down; he has crushed my life into the ground; -He has forced me to live in darkness like those long dead. My spirit faints with grief, and within me, my heart is in despair.

-I recalled the days of old, I meditated on all your deeds, I pondered the works of your hands.

-I stretched out my hand to you; like a parched land, my soul thirsts for you.-Make haste to answer me, O Lord: my spirit has failed me.

Turn not your face away from me, lest I be like those in the pit.

-Grant that I may hear your steadfast love at dawn, for I have placed my hope in you.

-O Lord, teach me the way I should go, for I have lifted up my soul to you.

-0P@P02-0P#0-0P#0-0P#0-0P#0-0P#0-0P#0-0P#0-0	
- Έξελοῦ με ἐκ τῶν ἐχθϱῶν μου, Κύςιε, πςὸς σὲ κατέφυγον δίδαξόν με τοῦ ποιεῖν τὸ θέλημά σου, ὅτι σὺ εἶ ὁ Θεός μου.	-O Lord, deliver me from my enemies: it is to you that I have fled. Teach me to do your will, for you are my God.
<ul> <li>Τὸ πνεῦμά σου τὸ ἀγαθὸν ὁδηγήσει με ἐν γῆ εὐθεία. ἕνεκεν τοῦ ὀνόματός σου, Κύοιε, ζήσεις με.</li> <li>Ἐν τῆ δικαιοσύνη σου, ἐξάξεις ἐκ θλίψεως τὴν ψυχήν μου, καὶ ἐν τῷ ἐλέει σου ἐξολοθοεύσεις τοὺς ἐχθοούς μου.</li> <li>Καὶ ἀπολεῖς πάντας τοὺς θλίβοντας τὴν ψυχήν μου, ὅτι ἐγὼ δοῦλός σου εἰμί.</li> </ul>	<ul> <li>-May your good Spirit lead me on a straight path. For the sake of your name, O Lord, you will keep me alive;</li> <li>-In your righteousness, you will deliver me from affliction. And in your loving kindness, you will destroy my enemies.</li> <li>-And bring to nought all those who oppress me, for I am your servant.</li> </ul>
-(Καὶ πάλιν) -Εἰσάκουσόν μου, Κύϱιε, ἐν τῆ δικαιοσύνη σου, καὶ μὴ εἰσέλθης εἰς κϱίσιν μετὰ τοῦ δούλου σου. -Τὸ Πνεῦμά σου τὸ ἀγαθὸν ὁδηγήσει με ἐν γῆ εὐθεία.	(Again) -O Lord, hear my prayer; in your truthfulness, give heed to my plea, and in your righteousness answer me; -May your good Spirit lead me on a straight path.
Δόξα Πατοί, καὶ Υἱῷ, καὶ ˁΑγίῳ Πνεύματι καὶ νῦν καὶ ἀεί, καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων. Ἀμήν.	Glory to the Father, and the Son, and the Holy Spirit, now and always, and forever and ever. Amen.
Άλληλούϊα, Άλληλούϊα, Άλληλούϊα <sup>.</sup> δόξα σοι, ὁ Θεός. (2)	Alleluia, Alleluia, Alleluia. Glory to You, O God. (2)
Άλληλούϊα, Άλληλούϊα, Άλληλούϊα <sup>.</sup> δόξα σοι, ὁ Θεός, ἡ ἐλπὶς ἡμῶν, Κύοιε, δόξα σοι.	<i>(Chant)</i> Alleluia, Alleluia, Alleluia. Glory to You, O God. Our hope, O Lord, glory to You.
ΙΕΡΕΥΣ: Ἐν εἰϱήνῃ, τοῦ Κυϱίου δεηθῶμεν.	PRIEST: In peace, let us pray to the Lord.
ΨΑΛΤΗΣ: Κύριε, ἐλέησον.	CANTOR: Lord, have mercy.
ΙΕΡΕΥΣ: Ύπὲο τῆς ἄνωθεν εἰοήνης καὶ τῆς σωτηοίας τῶν ψυχῶν ἡμῶν, τοῦ Κυοίου δεηθῶμεν.	PRIEST: For heavenly peace and the salvation of our souls, let us pray to the Lord.

-0P@P0Z-0P#D0Z-0P#D

#### ΨΑΛΤΗΣ: Κύριε, ἐλέησον.

ΙΕΡΕΥΣ: Ύπεο της εἰρήνης τοῦ σύμπαντος κόσμου, εὐσταθείας τῶν ἁγίων τοῦ Θεοῦ Ἐκκλησιῶν, καὶ της τῶν πάντων ἑνώσεως, τοῦ Κυρίου δεηθῶμεν.

ΨΑΛΤΗΣ: Κύριε, ἐλέησον.

ΙΕΡΕΥΣ: Ύπες τοῦ ἀγίου οἴκου τούτου, και τῶν μετὰ πίστεως, εὐλαβείας καὶ φόβου Θεοῦ εἰσιόντων ἐν αὐτῷ, τοῦ Κυρίου δεηθῶμεν.

ΨΑΛΤΗΣ: Κύριε, ἐλέησον.

ΙΕΡΕΥΣ: Ύπεο τοῦ ἀοχιεπισκόπου ἡμῶν (Ν.), τοῦ τιμίου ποεσβυτεοίου, τῆς ἐν Χοιστῷ διακονίας, παντὸς τοῦ Κλήρου καὶ τοῦ Λαοῦ, τοῦ Κυρίου δεηθῶμεν.

ΨΑΛΤΗΣ: Κύριε, ἐλέησον.

ΙΕΡΕΥΣ: Ύπεο τοῦ ἔθνους ἡμῶν, τοῦ Ποοέδοου, πάσης Ἀοχῆς καὶ Ἐξουσίας ἐν αὐτῷ, τοῦ Κυρίου δεηθῶμεν.

ΨΑΛΤΗΣ: Κύριε, ἐλέησον.

ΙΕΡΕΥΣ: Ύπεο τῆς κοινότητος καὶ πόλεως ταύτης, πάσης πόλεως, χώρας, και τῶν πίστει οἰκούντων ἐν αὐταῖς, τοῦ Κυρίου δεηθῶμεν.

ΨΑΛΤΗΣ: Κύριε, ἐλέησον.

ΙΕΡΕΥΣ: Ύπεο εύκοασίας ἀέοων, εύφορίας τῶν καρπῶν τῆς γῆς, καὶ καιρῶν εἰρηνικῶν, τοῦ Κυρίου δεηθῶμεν. CANTOR: Lord, have mercy.

PRIEST: For peace in the whole world, the stability of God's Holy Churches and for the oneness of all, let us pray to the Lord.

CANTOR: Lord, have mercy.

PRIEST: For this holy house, and all who enter it with faith, reverence and godly fear, let us pray to the Lord.

CANTOR: Lord, have mercy.

**PRIEST:** For our Archbishop (N.), the worthy priesthood, the deacons in Christ, for all the clergy and the people, let us pray to the Lord.

CANTOR: Lord, have mercy.

PRIEST: For our country, the President, and all in public service, let us pray to the Lord.

CANTOR: Lord, have mercy.

**PRIEST:** For this city and this Parish, for every city and land, and for the faithful who live in them, let us pray to the Lord.

CANTOR: Lord, have mercy.

**PRIEST:** For temperate weather, abundance of the goods of the earth, and for peaceful times, let us pray to the Lord.

#### -0P@P0Z-0P#D0Z-0D

ΨΑΛΤΗΣ: Κύριε, ἐλέησον.

ΙΕΡΕΥΣ: Ύπὲς πλεόντων, δδοιποςούντων, ἀεςοποςούντων, νοσούντων, καμνόντων, αἰχμαλώτων καὶ τῆς σωτηςίας αὐτῶν, τοῦ Κυςίου δεηθῶμεν.

ΨΑΛΤΗΣ: Κύριε, ἐλέησον.

ΙΕΡΕΥΣ: Ύπεο τοῦ ὑυσθηναι ἡμᾶς ἀπὸ πάσης θλίψεως, ὀογης, κινδύνου καὶ ἀνάγκης, του Κυοίου δεηθῶμεν.

ΨΑΛΤΗΣ: Κύριε, ἐλέησον.

ΙΕΡΕΥΣ: Ἀντιλαβοῦ, σῶσον, ἐλέησον καὶ διαφύλαξον ἡμᾶς, ὁ Θεός, τῆ σῆ χάριτι.

Τῆς παναγίας, ἀχράντου, ὑπερευλογημένης, ἐνδόξου, Δεσποίνης ἡμῶν, Θεοτόκου καὶ ἀειπαρθένου Μαρίας, μετὰ πάντων τῶν ἁγίων μνημονεύσαντες, ἑαυτοὺς καὶ ἀλλήλους, καὶ πᾶσαν τὴν ζωὴν ἡμῶν Χριστῷ τῷ Θεῷ παραθώμεθα.

ΨΑΛΤΗΣ: Σοί, Κύριε.

ΙΕΡΕΥΣ: Ότι πρέπει σοι πασα δόξα, τιμή καὶ προσκύνησις, τῷ Πατρί, καὶ τῷ Υἱῷ, καὶ τῷ Αγίφ Πνεύματι· νῦν καὶ ἀεί, καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων.

ΨΑΛΤΗΣ: Ἀμήν.

CANTOR: Lord, have mercy.

PRIEST: For those who travel, by land, sea and air, for those who are sick or suffering or in captivity, and for their safe-keeping, let us pray to the Lord.

CANTOR: Lord, have mercy.

PRIEST: That we may be spared all affliction, wrath, danger and want, let us pray to the Lord.

CANTOR: Lord, have mercy.

PRIEST: Help us, save us, have mercy on us and keep us, O God in Your grace.

Remembering our most holy, pure, blessed and glorious Lady, the Theotokos and ever-virgin Mary, with all the saints, let us commend ourselves and one another, and our whole life to Christ our God.

CANTOR: To You, O Lord.

PRIEST: For all glory, honor and worship are Your due, Father, Son and Holy Spirit, now and always, and forever and ever.

CANTOR: Amen.

-0P@P0Z-0P&P0Z-0P@P0Z-0P@P0Z-0P@P0Z-0P&P0Z-0P#QZ-0P&P0Z-0P#QZ-0P&P0Z-0P#QZ-0P&P0Z-0P#QZ-0P&P0Z-0P#QZ-0P#QZ-0P#QZ-0P#QZ-0P#QZ-0P#QZ-0P#Z-0P#QZ-

(Εἰς τὸν ἦχον τοῦ Ἀπολυτικίου)

ΨΑΛΤΗΣ: Θεὸς Κύριος, καὶ ἐπέφανεν ἡμῖν εὐλογημένος ὁ ἐρχόμενος ἐν ὀνόματι Κυρίου.

Στιχ. α΄. Έξομολογεῖσθε τῷ Κυρίῳ, καὶ ἐπικαλεῖσθε τὸ Ὅνομα τὸ ἅγιον αὐτοῦ.

Θεὸς Κύριος, καὶ ἐπέφανεν ἡμῖν εὐλογημένος ὁ ἐρχόμενος ἐν ὀνόματι Κυρίου.

Στιχ. β΄. Πάντα τὰ ἔθνη ἐκύκλωσάν με, καὶ τῷ ὀνόματι Κυρίου ἠμυνάμην αὐτοὺς.

Θεὸς Κύϱιος, καὶ ἐπέφανεν ἡμῖν εὐλογημένος ὁ ἐϱχόμενος ἐν ὀνόματι Κυρίου.

Στιχ. γ΄. Παρὰ Κυρίου ἐγένετο αὕτη, καὶ ἐστι θαυμαστὴ ἐν ὀφθαλμοῖς ἡμῶν.

Θεὸς Κύριος, καὶ ἐπέφανεν ἡμῖν εὐλογημένος ὁ ἐρχόμενος ἐν ὀνόματι Κυρίου.

ΠΑΡΑΠΕΜΠΕΣΘΕ ΕΙΣ ΤΗΝ ΑΝΑΛΟΓΟΝ ΗΜΕΡΟΜΗΝΙΑΝ ΤΗΣ ΚΥΡΙΑΚΗΣ ΔΙΑ ΤΟ ΥΠΟΛΟΙΠΟΝ ΤΟΥ ΟΡΘΡΟΥ. ('Ιδετε σελ. 20 ) (In the tone of the Dismissal hymn)

CANTOR: God is Lord and has revealed Himself to us. Blessed is He Who comes in the name of the Lord.

Verse 1: Give thanks to the Lord and call upon His Holy Name.

God is Lord and has revealed Himself to us. Blessed is He Who comes in the name of the Lord.

Verse 2: All the Gentiles surrounded me, but I fought them back in the Lord's name.

God is Lord and has revealed Himself to us. Blessed is He Who comes in the name of the Lord.

Verse 3: This came about through the Lord, and it is wonderful in our eyes.

God is Lord and has revealed Himself to us. Blessed is He Who comes in the name of the Lord.

FOR THE REMAINDER OF THE SERVICE PLEASE REFER TO THE CALENDAR DATE FOR THAT PARTICULAR SUNDAY. (See page 20)

#### -0P@P0Z-0P#D0Z-0P#D

Ἀπὸ 20™ Ἀπριλίου μεχρίς 28™ Μαΐου 2025 ὁ Ὅρθρος ἄρχεται ὡς ἐξῆς:

ΙΕΡΕΥΣ: Εὐλογητὸς ὁ Θεὸς ἡμῶν, πάντοτε, νῦν καὶ ἀεί, καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων.

ΨΑΛΤΗΣ: Ἀμήν.

Χριστὸς ἁνέστη ἐκ νεκρῶν, θανάτω θάνατον πατήσας καὶ τοῖς ἐν τοῖς μνήμασι ζωὴν χαρισάμενος. (3)

ΑΝΑΓΝΩΣΤΗΣ: Δόξα Πατρί, καὶ Υίῶ, καὶ ʿΑγίῳ Πνεύματι καὶ νῦν καὶ ἀεί, καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων. Ἀμήν.

Παναγία Τοιάς, ἐλέησον ἡμᾶς. Κύοιε, ἱλάσθητι ταῖς ἁμαοτίαις ἡμῶν. Δέσποτα, συγχώοησον τὰς ἀνομίας ἡμῖν. Ἅγιε, ἐπίσκεψαι καὶ ἰασαι τὰς ἀσθενείας ἡμῶν, ἕνεκεν τοῦ ὀνόματός σου.

Κύριε, ἐλέησον Κύριε, ἐλέησον Κύριε, ἐλέησον

Δόξα Πατρί, καὶ Υἰῷ, καὶ ˁΑγίῷ Πνεύματι καὶ νῦν καὶ ἀεί, καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων. Ἀμήν.

Πάτεο ἡμῶν, ὁ ἐν τοῖς οὐοανοῖς, ἁγιασθήτω τὸ ὄνομά σου. Ἐλθέτω ἡ βασιλεία σου. Γενηθήτω τὸ θέλημά σου, ὡς ἐν οὐοανῷ, καὶ ἐπὶ τῆς γῆς. Τὸν ἄοτον ἡμῶν τὸν ἐπιούσιον δὸς ἡμῖν σήμερον. Καὶ ἄφες ἡμῖν τὰ ὀφειλήματα ἡμῶν, ὡς καὶ ἡμεῖς From the 20th of April until May 28, 2025 the Orthros begins as follows:

**PRIEST:** Blessed is our God, now and always, and forever and ever.

CANTOR: Amen.

Christ is risen from the dead and through His death He trampled death and to those in the tomb He granted life, everlasting life! (3)

READER: Glory to the Father, and the Son, and the Holy Spirit, now and always, and forever and ever. Amen.

All Holy Trinity, have mercy on us. Lord, be gracious to us in our sins. Master, forgive our transgressions. Holy One, consider our weaknesses and heal them, for Your Name's sake.

Lord, have mercy. Lord, have mercy. Lord, have mercy.

Glory to the Father, and the Son, and the Holy Spirit, now and always, and forever and ever. Amen.

Our Father, who art in heaven, hallowed be Thy Name. Thy kingdom come, Thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses as we forgive those who trespass against us. And lead us not -0P@P0Z-0P#D0Z-0D

ἀφίεμεν τοῖς ὀφειλέταις ἡμῶν Καὶ μὴ εἰσενέγκης ἡμᾶς εἰς πειρασμόν, ἀλλὰ ῥῦσαι ἡμᾶς ἀπὸ τοῦ πονηροῦ.

ΙΕΡΕΥΣ: Ότι σοῦ ἐστιν ἡ βασιλεία καὶ ἡ δύναμις καὶ ἡ δόξα, τοῦ Πατρός, καὶ τοῦ Υἱοῦ, καὶ τοῦ ᾿Αγίου Πνεύματος νῦν καὶ ἀεί, καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων.

ΑΝΑΓΝΩΣΤΗΣ: Ἀμήν. Σῶσον, Κύǫιε, τὸν λαόν σου καὶ εὐλόγησον τὴν κληφονομίαν σου, νίκας τοῖς βασιλεῦσι κατὰ βαφβάφων δωφούμενος καὶ τὸ σὸν φυλάττων διὰ τοῦ Σταυφοῦ σου πολίτευμα.

Δόξα Πατρί, καὶ Υἱῷ, καὶ Ἡγίφ Πνεύματι.

(Παραπέμπεσθε εἰς τήν σελίδα 2 ὄπου ἀχολουθεῖ τό ὑπόλοιπον τῆς ἁχολουθίας ἀπό τό ... Ὁ ὑψωθείς ἐν τῷ Σταυρῷ.......) into temptation, but deliver us from evil.

PRIEST: For Yours is the kingdom, and the power, and the glory, of the Father, and of the Son, and of the Holy Spirit, now and always, and forever and ever.

READER: Amen. O Lord, save Your people and bless Your inheritance; grant victory to the Faithful over all adversity and protect Your people through Your Cross.

Glory to the Father, and the Son, and the Holy Spirit.

(For the remainder of the service please go to page 2 and continue from.....Lifted up on the Cross ......) -0P@P0Z-0PZ-0P@P0Z-0P#D0Z

## ΚΥΡΙΑΚΗ ΙΕ΄ΛΟΥΚΑ ΤΟΥ ΖΑΚΧΑΙΟΥ

Ξενοφῶντος τοῦ Όσίου καὶ τῆς Συνοδείας αὐτοῦ

> ΕΩΘΙΝΟΝ Θ΄ <sup>\*</sup>Ηχος πλ. β΄

# ΑΠΟΛΥΤΙΚΙΟΝ

Ήχος πλ. β΄

Άγγελικαὶ δυνάμεις ἐπὶ τὸ μνῆμά σου, καὶ οἱ φυλάσσοντες ἀπενεκρώθησαν καὶ ἴστατο Μαρία ἐν τῷ τάφῳ, ζητοῦσα τὸ ἄχραντόν σου σῶμα. Ἐσκύλευσας τὸν Ἄδην μὴ πειρασθεὶς ὑπ' αὐτοῦ, ὑπήντησας τῆ Παρθένῳ δωρούμενος τὴν ζωήν. Ὁ ἀναστὰς ἐκ τῶν νεκρῶν, Κύριε, δόξα σοι.

Δόξα Πατοί, καὶ Υἱῷ, καὶ Ἀγίφ Πνεύματι.

Ηχος πλ. β΄

Άγγελικαὶ δυνάμεις ἐπὶ τὸ μνῆμά σου, καὶ οἱ φυλάσσοντες ἀπενεκρώθησαν καὶ ἴστατο Μαρία ἐν τῷ τάφῳ, ζητοῦσα τὸ ἄχραντόν σου σῶμα. Ἐσκύλευσας τὸν Ἄδην μὴ πειρασθεὶς ὑπ' αὐτοῦ, ὑπήντησας τῆ Παρθένῳ δωρούμενος τὴν ζωήν. Ὁ ἀναστὰς ἐκ τῶν νεκρῶν, Κύριε, δόξα σοι.

Καὶ νῦν καὶ ἀεί, καὶ εἰς τούς αἰῶνας τῶν αἰώνων. Ἀμήν.

## FIFTEENTH SUNDAY OF LUKE SUNDAY OF ZACCHEUS

The Venerable Xenophon and his Companions

> EOTHINON 9 Tone 6

#### **DISMISSAL HYMN** Sixth tone

O Christ, the angelic powers appeared at Your tomb, the guards were as dead, and Mary stood by the grave, seeking Your sacred body. You destroyed Hades, yet remained untouched by it. You encountered the Virgin and, through her, bestowed Life. "Glory to You who have risen from the dead!"

Glory to the Father, and the Son, and the Holy Spirit.

#### Sixth tone

O Christ, the angelic powers appeared at Your tomb, the guards were as dead, and Mary stood by the grave, seeking Your sacred body. You destroyed Hades, yet remained untouched by it. You encountered the Virgin and, through her, bestowed Life. "Glory to You who have risen from the dead!"

Now and always, and forever and ever. Amen.

៘Ηχος πλ. β΄

Ό τὴν εὐλογημένην καλέσας σου Μητέρα, ἦλθες ἐπὶ τὸ Πάθος ἑκουσία βουλῆ, λάμψας ἐν τῷ Σταυρῷ, ἀναζητῆσαι θέλων τὸν Ἀδάμ, λέγων τοῖς Ἀγγέλοις συγχάρητέ μοι, ὅτι εὑρέθη ἡ ἀπολλυμένη δραχμή. Ὁ πάντα σοφῶς οἰκονομήσας, δόξα σοι.

## ΙΕΡΕΥΣ: Ἔτι καὶ ἔτι, ἐν εἰϱήνῃ τοῦ Κυϱίου δεηθῶμεν.

ΨΑΛΤΗΣ: Κύριε, ἐλέησον.

ΙΕΡΕΥΣ: Ἀντιλαβοῦ, σῶσον, ἐλέησον καὶ διαφύλαξον ἡμᾶς, ὁ Θεός, τῆ σῆ χάριτι.

ΨΑΛΤΗΣ: Κύριε, ἐλέησον.

ΙΕΡΕΥΣ: Τῆς παναγίας, ἀχράντου, ὑπερευλογημένης, ἐνδόξου, Δεσποίνης ἡμῶν, Θεοτόχου καὶ ἀειπαρθένου Μαρίας, μετὰ πάντων τῶν Ἀγίων μνημονεύσαντες, ἑαυτοὺς καὶ ἀλλήλους, καὶ πᾶσαν τὴν ζωὴν ἡμῶν Χριστῷ τῷ Θεῷ παραθώμεθα.

ΨΑΛΤΗΣ: Σοί, Κύριε.

ΙΕΡΕΥΣ: Ότι σὸν τὸ κράτος, καὶ σοῦ ἐστιν ἡ Βασιλεία, καὶ ἡ δύναμις καὶ ἡ δόξα, τοῦ Πατρὸς καὶ τοῦ Υἱοῦ καὶ τοῦ Άγίου Πνεύματος, νῦν καὶ ἀεί, καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων.

ΨΑΛΤΗΣ: Ἀμήν.

Sixth tone

O Lord, Who called the Blessed One Mother, and of Your own will came to Your Passion, Who shone radiantly on the Cross, seeking Adam's restoration and saying to the angels, "Rejoice with Me, for I have found the lost piece of silver," You have provided all things in wisdom. Glory to You!

# **PRIEST:** Again in peace, let us pray to the Lord.

CANTOR: Lord, have mercy.

PRIEST: Help us, save us, have mercy on us and keep us, O God, in Your grace.

CANTOR: Lord, have mercy.

PRIEST: Remembering our most holy, pure, blessed and glorious Lady, the Theotokos and ever-virgin Mary, with all the Saints, let us commend ourselves and one another, and our whole life to Christ our God.

CANTOR: To You, O Lord.

PRIEST: For Yours is the dominion, and Yours the Kingdom and the power and the glory, Father, Son, and Holy Spirit, now and always, and forever and ever.

CANTOR: Amen.

#### -0₽@₽0∑-0₽@₽0∑-0₽@₽0∑-0₽@₽0∑-0₽@₽0∑-0₽@₽0∑-0₽@₽0∑-0₽@₽0∑-0₽@₽0∑-0₽@₽0∑-0₽@₽0∑-0₽@₽0∑-0₽@₽0∑-0₽@₽0∑-0₽@₽0∑-

#### ΚΑΘΙΣΜΑΤΑ

<sup>\*</sup>Ηχος πλ. β΄ Μετὰ τὴν α΄ Στιχολογίαν.

Τοῦ τάφου ἀνεφγμένου, τοῦ Ἄδου όδυgoμένου, ἡ Μαgία ἐβόα πgòς τοὺς κεκguμμένους Ἀποστόλους ἐξέλθετε οἱ τοῦ ἀμπελῶνος ἐgγάται, κηgύξατε τὸν τῆς Ἀναστάσεως λόγον ἀνέστη ὁ Κύgioς, παgέχων τῷ κόσμῳ τὸ μέγα ἔλεος.

Δόξα Πατρί, καὶ Υἰῷ, καὶ Ἀγίφ Πνεύματι.

Κύριε, παρίστατο τῶ τάφω σου Μαρία ή Μαγδαληνή, και έκλαιε βοῶσα, καὶ κηπουρόν σε νομίζουσα Ποῦ ἔχουψας τὴν αἰώνιον έλεγε. ζωήν; Ποῦ ἔθηκας τὸν ἐπὶ θρόνου Χερουβείμ; Οί γὰρ τοῦτον φυλάσσοντες, åπò τοῦ φόβου άπενεκρώθησαν ή τὸν Κύριόν μου δότε μοι ή σύν έμοι κραυγάσατε ό έν νεκροῖς καὶ τοὺς νεκροὺς ἀναστήσας, δόξα σοι.

Καὶ νῦν καὶ ἀεί, καὶ εἰς τούς αἰῶνας τῶν αἰώνων. Ἀμήν.

Προϊστορεῖ ὁ Γεδεὼν τὴν σύλληψιν, καὶ ἑρμηνεύει ὁ Δαυῒδ τὸν τόκον σου, Θεοτόκε κατέβη γὰρ ὡς ὑετὸς ἐπὶ πόκον, ὁ Λόγος ἐν τῆ γαστρί σου, καὶ ἐβλάστησας ἄνευ σπορᾶς γῆ ἁγία, τοῦ κόσμου τὴν σωτηρίαν, Χριστὸν τὸν Θεὸν ἡμῶν, ἡ Κεχαριτωμένη.

#### KATHISMATA

Sixth tone First Kathisma

The tomb was now open, and Hades was in lament. The Apostles had gone into hiding, and Mary cried out to them, saying, "Laborers of the vineyard, come out and proclaim the message of the Resurrection; for the Lord is risen, granting the world great mercy."

Glory to the Father, and the Son, and the Holy Spirit.

O Lord, Mary Magdalene stood weeping by Your tomb. Thinking You to be the gardener, she said, "Where have you hidden the everlasting Life? Where have you placed Him who sits on the Throne of the Cherubim?" The sentries keeping guard over Him were mortified from fear. She cried to them, "Give me my Lord; or else cry out with me saying, O Lord, who were numbered among the dead, and who raised the dead, glory to You."

Now and always, and forever and ever. Amen.

Gideon truly foretold your conception, and David, O Theotokos, gave commentary on your birthgiving. The Logos descended upon your womb as rain on fleece. You became as sacred earth, O full of Grace, and without seed brought forth the salvation of the world: Christ our God.

Μετὰ τὴν β΄ Στιχολογίαν. Ἡχος πλ. β΄

Ή ζωὴ ἐν τῷ τάφῷ ἀνέκειτο, καὶ σφραγὶς ἐν τῷ λίθῷ ἐπέκειτο ὡς Βασιλέα ὑπνοῦντα στρατιῶται ἐφύλαττον Χριστόν, καὶ τοὺς ἐχθροὺς αὐτοῦ ἀορασία πατάξας, ἀνέστη ὁ Κύριος.

Δόξα Πατοί, καὶ Υἱῷ, καὶ Ἀγίφ Πνεύματι.

Ποοϊστορεῖ ὁ Ἰωνᾶς τὸν τάφον σου, καὶ ἑρμηνεύει Συμεὼν τὴν Ἐγερσιν τὴν ἔνθεον, ἀθάνατε Κύριε κατέβης γὰρ ὡσεὶ νεκρὸς ἐν τῷ τάφῳ, ὁ λύσας Ἄδου τὰς πύλας, ἀνέστης δὲ ἄνευ φθορᾶς ὡς Δεσπότης τοῦ κόσμου, εἰς σωτηρίαν, Χριστὲ ὁ Θεὸς ἡμῶν, φωτίσας τοὺς ἐν σκότει.

Καὶ νῦν καὶ ἀεί, καὶ εἰς τούς αἰῶνας τῶν αἰώνων. Ἀμήν.

Θεοτόκε Παρθένε ικέτευε τὸν Υἱόν σου, τὸν ἑκουσίως προσπαγέντα ἐν σταυρῷ, καὶ ἀναστάντα ἐκ νεκρῶν, Χριστὸν τὸν Θεὸν ἡμῶν, σωθῆναι τὰς ψυχὰς ἡμῶν.

# ЕҮЛОГНТАРІА

Εὐλογητὸς εἶ, Κύριε, δίδαξόν με τὰ δικαιώματά σου.

Τῶν ἀγγέλων ὁ δῆμος κατεπλάγη ὑϱῶν σε ἐν νεκροῖς λογισθέντα, τοῦ θανάτου δέ, Σωτήρ, τὴν ἰσχὺν καθελόντα καὶ σὺν ἑαυτῷ τὸν Ἀδὰμ ἐγείραντα καὶ ἐξ Ἅδου πάντας ἐλευθερώσαντα. Second Kathisma Sixth tone

Life was placed in the grave, and seals were affixed to the stone. The soldiers guarded Christ as they would a sleeping King, but the Lord rose, invisibly smiting His enemies.

Glory to the Father, and the Son, and the Holy Spirit.

Immortal Lord, Jonah foretells of Your tomb, and Simeon makes comment on Your Divine Resurrection. You descended into the grave as one who is dead. You loosed the gates of Hades. As Master of the world, O Christ our God, You rose, free from corruption, that we might be saved. You have given light to those in darkness.

Now and always, and forever and ever. Amen.

O Virgin Theotokos, entreat your Son, Christ our God, who willingly was nailed upon the Cross and who rose from the dead, that He might save our souls.

# EVLOGITARIA

Blessed are You, O Lord, teach me Your commandments.

The host of angels was overwhelmed seeing You among the dead. You destroyed the power of death, O Savior. You rose from the dead and brought Adam with You, and all were freed from Hades. -0P@P0Z-0P#D0Z-0P#D

Εὐλογητὸς εἶ, Κύϱιε, δίδαξόν με τὰ δικαιώματά σου.

Τί τὰ μῦρα συμπαθῶς τοῖς δάχρυσιν, ὦ μαθήτριαι, χιρνᾶτε, ὁ ἀστράπτων ἐν τῷ τάφω ἄγγελος προσεφθέγγετο ταῖς μυροφόροις Ἱδετε ὑμεῖς τὸν τάφον καὶ ἤσθητε ὁ Σωτὴρ γὰρ ἐξανέστη τοῦ μνήματος.

Εὐλογητὸς εἶ, Κύοιε, δίδαξόν με τὰ δικαιώματά σου.

Λίαν πρωῒ μυροφόροι ἔδραμον πρὸς τὸ μνῆμά σου θρηνολογοῦσαι, ἀλλ'ἐπέστη πρὸς αὐτὰς ὁ ἄγγελος καὶ εἶπε, θρήνου ὁ καιρὸς πέπαυται, μὴ κλαίετε, τὴν ἀνάστασιν δὲ ἀποστόλοις εἴπατε.

Εὐλογητὸς εἶ, Κύριε, δίδαξόν με τὰ δικαιώματά σου.

Μυροφόροι γυναϊχες μετὰ μύρων ἐλθοῦσαι πρὸς τὸ μνῆμά σου, Σῶτερ, ἐνηχοῦντο Ἀγγέλου τρανῶς πρὸς αὐτὰς φθεγγομένου τί μετὰ νεχρῶν τὸν ζῶντα λογίζεσθε; ὡς Θεὸς γὰρ ἐξανέστη τοῦ μνήματος.

Δόξα Πατρὶ, καὶ Υἰῷ, καὶ Ἀγίφ Πνεύματι.

Προσκυνοῦμεν Πατέρα καὶ τὸν τούτου Υἰόν τε καὶ τὸ Ἅγιον Πνεῦμα, τὴν Ἀγίαν Τριάδα ἐν μιῷ τῷ οὐσία, σὺν τοῖς Σεραφείμ, κράζοντες τό Ἅγιος, Ἅγιος, Ἅγιος εἶ, Κύριε.

Καὶ νῦν καὶ ἀεί, καὶ εἰς τούς αἰῶνας τῶν αἰώνων. Ἀμήν. Blessed are You, O Lord, teach me Your commandments.

A radiant angel spoke from the tomb to the myrrh-bearing women disciples saying, "Why mingle myrrh with tears? Come see the tomb and be glad, for the Savior has risen from the grave."

Blessed are You, O Lord, teach me Your commandments.

In early morn the myrrh-bearers came mourning to Your tomb, but an angel appeared before them and said, "The time for mourning has passed, weep not, go and proclaim His Resurrection to the Apostles."

Blessed are You, O Lord, teach me Your commandments.

The myrrh-bearing women came to Your tomb, O Savior. They heard an angel say, "Why number Him who lives among the dead? He is God and has risen from the grave."

Glory to the Father, and the Son, and the Holy Spirit.

We worship the Father, His Son, and the Holy Spirit, the Holy Trinity, one in essence. We proclaim with the Seraphim, Holy, Holy, Holy are You, O Lord.

Now and always, and forever and ever. Amen.

Ζωοδότην τεκοῦσα, ἐλυτοώσω, Παρθένε, τὸν Ἀδὰμ ἁμαρτίας, χαρμονὴν δὲ τῆ Εὔα ἀντὶ λύπης παρέσχες ρεύσαντα ζωῆς, ἴθυνε πρὸς ταύτην δέ, ὁ ἐκ σοῦ σαρκωθεὶς Θεὸς καὶ ἄνθρωπος.

Άλληλούϊα, ἀλληλούϊα, ἀλληλούϊα, δόξα σοι ὁ Θεός. (3)

ΙΕΡΕΥΣ: Ἔτι καὶ ἔτι, ἐν εἰρήνῃ τοῦ Κυρίου δεηθῶμεν.

ΨΑΛΤΗΣ: Κύριε, ἐλέησον.

ΙΕΡΕΥΣ: Ἀντιλαβοῦ, σῶσον, ἐλέησον καὶ διαφύλαξον ἡμᾶς, ὁ Θεός, τῆ σῆ χάριτι.

ΨΑΛΤΗΣ: Κύριε, ἐλέησον.

ΙΕΡΕΥΣ: Τῆς παναγίας, ἀχράντου, ὑπερευλογημένης, ἐνδόξου, Δεσποίνης ἡμῶν, Θεοτόκου καὶ ἀειπαρθένου Μαρίας, μετὰ πάντων τῶν Ἀγίων μνημονεύσαντες, ἑαυτοὺς καὶ ἀλλήλους, καὶ πᾶσαν τὴν ζωὴν ἡμῶν Χριστῷ τῷ Θεῷ παραθώμεθα.

ΨΑΛΤΗΣ: Σοί, Κύριε.

ΙΕΡΕΥΣ: Ότι ηὐλόγηταί σου τὸ ὄνομα, καὶ δεδόξασταί σου ἡ Βασιλεία, τοῦ Πατρός, καὶ τοῦ Υἰοῦ, καὶ τοῦ Αγίου Πνεύματος, νῦν καὶ ἀεί, καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων.

ΨΑΛΤΗΣ: Ἀμήν.

O Virgin, you gave birth to the Giver of Life. You freed Adam from sin. You gave joy to Eve in place of her sorrow. He brought to life those who had lost life. He to whom you gave flesh is both God and man.

Alleluia, alleluia, alleluia, glory to You, O God. (3)

**PRIEST:** Again in peace, let us pray to the Lord.

CANTOR: Lord, have mercy.

PRIEST: Help us, save us, have mercy on us and keep us, O God, in Your grace.

CANTOR: Lord, have mercy.

PRIEST: Remembering our most holy, pure, blessed and glorious Lady, the Theotokos and ever-virgin Mary, with all the Saints, let us commend ourselves and one another, and our whole life to Christ our God.

CANTOR: To You, O Lord.

PRIEST: For blessed is Your name and glorified is Your Kingdom, Father, Son, and Holy Spirit, now and always, and forever and ever.

CANTOR: Amen.

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## **УПАКОН**

ΑΝΑΓΝΩΣΤΗΣ: Τῷ ἐκουσίῳ καὶ ζωοποιῷ σου θανάτῳ Χριστέ, πύλας τοῦ Άδου συντρίψας ὡς Θεός, ἤνοιξας ἡμῖν τὸν πάλαι Παράδεισον, καὶ ἀναστὰς ἐκ τῶν νεκρῶν, ἐὐἑύσω ἐκ φθορᾶς τὴν ζωὴν ἡμῶν.

## ANABAOMOI

Άντίφωνον Α΄.

ΨΑΛΤΗΣ: Ἐν τῷ οὐρανῷ τοὺς ὀφθαλμούς μου αἴρω πρὸς σέ, Λόγε, οἴπτειρόν με, ἵνα ζῶ σοι.

Ἐλέησον ἡμᾶς τοὺς ἐξουθενουμένους, καταρτίζων εὔχρηστα σκεύη σου, Λόγε.

Δόξα Πατρί, καὶ Υἱῷ, καὶ Ἀγίφ Πνεύματι, καὶ νῦν καὶ ἀεί, καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων. Ἀμήν.

Άγίω Πνεύματι, πανσωστική αἰτία, εἶ τινι τούτων κατ' ἀξίαν πνεύσει, τάχει ἐξαίgει τῶν τῆς γῆς, πτεgoĩ, αὖξει, τάττει ἀνω.

Άντίφωνον Β΄.

Εἰμὴ ὅτι Κύοιος ἦν ἐν ἡμῖν, οὐδεὶς ἡμῶν ἀντισχεῖν ἠδύνατο ἐχθροῦ πάλαισμα οἱ νικῶντες γὰρ ἔνθεν ὑψοῦνται.

Τοῖς ὀδοῦσιν αὐτῶν, μή μου ληφθήτω ἡ ψυχὴ ὡς στρουθίον, Λόγε Οἴμοι! πῶς μέλλω τῶν ἐχθρῶν ἑυσθῆναι, φιλαμαρτήμων ὑπάρχων;

## **YPAKOE**

READER: O Christ, Your willing and lifegiving death has crushed the gates of Hades. As God You have opened the paradise of old. You rose from the dead and redeemed our life from corruption.

## ANAVATHMOI

First Antiphon:

CANTOR: O Logos, I lift my eyes to the heavens. Have mercy upon me that I may live in You.

O Logos, have mercy upon us who have been humbled, and make us to be Your useful vessels.

Glory to the Father, and the Son, and the Holy Spirit, now and always, and forever and ever. Amen.

The Holy Spirit is the cause of all salvation. Should He breathe upon any who are worthy, they are swiftly raised from the earth, given wings, and ranked in heaven.

Second Antiphon:

No one could overcome the enemy were it not for the Lord in our midst. For victors alone are elevated.

O Logos, do not let my soul be delivered to the teeth of my enemies as though it were a bird. Alas, how shall I rid myself of my enemies, for I am a lover of sin.

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Δόξα Πατοί, καὶ Υἰῷ, καὶ Ἀγίφ	Glory to the Father, and the Son, and
Πνεύματι, καὶ νῦν καὶ ἀεί, καὶ εἰς	the Holy Spirit, now and always, and
τοὺς αἰῶνας τῶν αἰώνων. Ἀμήν.	forever and ever. Amen.
Άγίφ Πνεύματι, ἐνθέωσις τοῖς πᾶσιν,	All become divine in the Holy Spirit.
εὐδοκία, σύνεσις, εἰϱήνη καὶ εὐλογία <sup>.</sup>	He is prosperity, prudence, peace and
ἰσουϱγὸν γὰϱ τῷ Πατϱί ἐστι καὶ	blessedness. He is equal in dominion
Λόγφ.	with the Father and the Logos.
Ἀντίφωνον Γ΄.	Third Antiphon:
Οἱ πεποιθότες ἐπὶ Κύριον ἐχθροῖς	They who trust in the Lord look
φοβεροὶ καὶ πᾶσι θαυμαστικοί ἄνω	heavenward. They are feared by their
γὰρ ὀρῶσιν.	enemies and admired by all.
Ἐν ἀνομίαις χεῖρας αὐτῶν, ὁ τῶν	The congregation of the righteous
δικαίων κλῆρος ἐπίκουρόν σε ἔχων,	shall not stretch out their hands to
Σῶτερ, οὐκ ἐκτείνει.	iniquity. You are their help, O Savior.
Δόξα Πατοί, καὶ Υἱῷ, καὶ Ἀγίφ	Glory to the Father, and the Son, and
Πνεύματι, καὶ νῦν καὶ ἀεί, καὶ εἰς	the Holy Spirit, now and always, and
τοὺς αἰῶνας τῶν αἰώνων. Ἀμήν.	forever and ever. Amen.
Άγίφ Πνεύματι τὸ κράτος ἐπὶ	The Holy Spirit has dominion over all.
πάντων, ὅπερ αἱ ἀνω Στρατηγίαι	He is worshipped by the Angelic Host
προσκυνοῦσι, σὺν πάσῃ πνοῆ τῶν	above, and by every living breath
κάτω.	below.
ΠΡΟΚΕΙΜΕΝΟΝ: Κύοιε, ἐξέγειοον τὴν δυναστείαν σου, καὶ ἐλθὲ εἰς τὸ σῶσαι ἡμᾶς. (2)	<b>PROKEIMENON:</b> O Lord, stir up your power, and come and save us. Restore us, O God. (2)
Στιχ. Ό ποιμαίνων τὸν Ἰσραήλ, πρόσχες.	Verse: Give heed, O Shepherd of Israel.
Κύοιε, ἐξέγειοον τὴν δυναστείαν σου, καὶ ἐλθὲ εἰς τὸ σῶσαι ἡμᾶς.	O Lord, stir up your power, and come and save us. Restore us, O God.

#### **KONTAKION**

## Ήχος πλ. β΄

ΑΝΑΓΝΩΣΤΗΣ: Τῆ ζωαρχικῆ παλάμη τοὺς τεθνεῶτας, ἐκ τῶν ζοφερῶν κευθμώνων ὁ Ζωοδότης, ἀναστήσας ἅπαντας, Χριστὸς ὁ Θεός, τὴν Ἀνάστασιν ἐβράβευσε, τῷ βροτείω φυράματι ὑπάρχει γὰρ πάντων Σωτήρ, ἀνάστασις, καὶ ζωή, καὶ Θεὸς τοῦ παντός.

#### οικος

Τον Σταυρόν και την Ταφήν σου, Ζωοδότα άνυμνοῦμεν οἱ πιστοὶ καὶ προσκυνοῦμεν ὅτι τὸν Άδην ἔδησας Άθάνατε, ώς Θεὸς παντοδύναμος καὶ νεκρούς συνανέστησας, και πύλας τοῦ Άδου συνέτριψας, καὶ κράτος τοῦ θανάτου καθείλες ώς Θεός. Διὸ οἱ γηγενεῖς δοξολογοῦμέν σε πόθω τὸν άναστάντα καὶ καθελόντα ἐχθροῦ τὸ κράτος τοῦ πανώλους, καὶ πάντας άναστήσαντα, τοὺς ἐπὶ σοὶ πιστεύσαντας, καὶ Κόσμον λυτρωσάμενον ἐκ τῶν βελῶν τοῦ ὄφεως, καὶ ὡς μόνον Δυνατόν, έκ τῆς πλάνης τοῦ ἐχθροῦ λυτρωσάμενον ήμας. Όθεν άνυμνοῦμεν εὐσεβῶς τὴνἈνάστασίν σου, δι' ἦς έσωσας ήμᾶς ὡς Θεὸς τοῦ παντός.

## ΣΥΝΑΞΑΡΙΟΝ

Τῆ ΚΣΤ΄ τοῦ αὐτοῦ μηνός, Μνήμη τοῦ Ὁσίου Πατρὸς ἡμῶν Ξενοφῶντος, καὶ τῆς συμβίου αὐτοῦ Μαρίας, καὶ τῶν τέκνων αὐτοῦ Ἀρκαδίου καὶ Ἰωάννου.

#### **KONTAKION**

#### Sixth tone

READER: Christ our God, the Giver of Life, granted to the mass of mortals, by the palm of His hand which gives life, resurrection from the Valley of Darkness; He has resurrected all. He is the Savior, the Resurrection, the Life, and the God of all.

#### **OIKOS**

Giver of Life, we the faithful praise and venerate Your Cross and Your Burial. You have bound Hades, O Immortal One. As God Almightv. You raised with You the dead. You shattered the Gates of Hades. You destroyed the dominion of death. And so, we mortals, in yearning, glorify You: You, the Resurrected, who brought down the deadly dominion of the enemy and raised all who believe in You. The world was freed from the darts of the serpent. You freed us from the delusion of the enemy, for You alone are Mighty. Reverently do we praise Your Resurrection by which You have saved us, O God of all.

#### **SYNAXARION**

On this, the twenty-sixth day of the month, we commemorate our venerable father, Xenophon and his wife Maria, and their children, Arkadios and John. Τῆ αὐτῆ ἡμέρα, Μνήμη τοῦ μεγάλου On this day, we remember the Great Earthquake. σεισμοῦ. Τῆ αὐτῆ ἡμέρα, Μνήμη τοῦ Όσίου On this day, the memory of our venerable father, Symeon, called the ήμῶν Συμεών. Πατρός τοῦ ἐπιλεγομένου Παλαιοῦ. Old. Τῆ αὐτῆ ἡμέρα, Μνήμη τῶν Ἀγίων On this day, the memory of the holy Μαρτύρων, Άναγίου πρεσβυτέρου martyrs, Anagios the Presbyter, and Peter the Jailer, and their seven soldier καὶ Πέτρου δεσμοφύλακος, καὶ τῶν ούν αύτοῖς ἑπτὰ στρατιωτῶν. companions. Τῆ αὐτῆ ἡμέρα, Ὁ Ὅσιος Ἀμωνᾶς ἐν On this day, the venerable Ammon εἰρήνη τελειοῦται. dies in peace. Τῆ αὐτῆ ἡμέρα, Οἱ Ἅγιοι δύο On this day, the memory of the two μάρτυρες, οί ἐν Φρυγία, τυπτόμενοι holy martyrs in Phrygia who were τελειοῦνται. beaten to death. Ταῖς αὐτῶν ἁγίαις πρεσβείαις, ὁ Through their holy intercessions, O God, Θεός, ἐλέησον ἡμᾶς. Ἀμήν. have mercy on us and save us. Amen. ΑΙ ΚΑΤΑΒΑΣΙΑΙ THE KATAVASIAI ωδη α΄. Ήχος γ΄. First Ode. Third tone. ΨΑΛΤΗΣ: Χέρσον άβυσσοτόκον Only once have the sun's rays shone upon πέδον ήλιος, ἐπεπόλευσε ποτέ ώσεὶ dry land in the midst of the deep sea. For, τεῖχος γὰρ ἐπάγη, ἑκατέρωθεν ὕδωρ, the waters became as a wall on either side πεζοποντοποροῦντι, λαῶ καί while the people walked on through. In a θεαρέστως μέλποντι Άσωμεν manner pleasing to God, they sang, "Let τῶ us sing unto the Lord, for He has Κυρίω ἐνδόξως γὰρ δεδόξασται. gloriously been glorified." Ωδηγ΄. Third Ode Τò στερέωμα, τῶν ἐπì σοί Lord, the stength of those who trust in πεποιθότων, στερέωσον Κύριε την You, strengthen the Church which Έκκλησίαν, ήν έκτήσω, τῶ τιμίω σου You purchased with Your precious αἵματι. blood.

#### Ώδη δ΄.

Ἐκάλυψεν οὐρανούς, ἡ ἀρετή σου Χριστέ, τῆς κιβωτοῦ γὰρ προελθών τοῦ ἁγιάσματός σου, τῆς ἀφθόρου Μητρός, ἐν τῷ ναῷ τῆς δόξης σου, ὤφθης ὡς βρέφος, ἀγκαλοφορούμενος καὶ ἐπληρώθη τὰ πάντα τῆς σῆς αἰνέσεως.

#### Ωδή ε΄.

Ως εἶδεν Ήσαΐας συμβολικῶς, ἐν θρόνῷ ἐπηρμένῷ Θεόν, ὑπ' Ἀγγέλων δόξης δορυφορούμενον, ὤ τάλας! ἐβόα, ἐγώ πρὸ γὰρ εἶδον σωματούμενον Θεόν, φωτὸς ἀνεσπέρου καὶ εἰρήνης δεσπόζοντα.

#### Ωδης΄.

Ἐβόησέ σοι, ἰδών ὁ Πρέσβυς, τοῖς ὀφθαλμοῖς τὸ σωτήριον, ὃ λαοῖς ἐπέστη Ἐκ Θεοῦ Χριστὲ σὺ Θεός μου.

#### Ώδὴ ζ΄.

Σε τον έν πυρι δροσίσαντα, Παϊδας θεολογήσαντας, και Παρθένω ἀκηράτω ἐνοικήσαντα, Θεον Λόγον ὑμνοῦμεν, εὐσεβῶς μελωδοῦντες Εὐλογητὸς ὁ Θεός, ὁ τῶν Πατέρων ἡμῶν.

Αἰνοῦμεν, εὐλογοῦμεν καὶ προσκυνοῦμεν τὸν Κύριον.

#### Fourth Ode

Your virtue has covered the Heavens, O Christ. You came from Your undefiled Mother, the ark of Your sanctification. You appeared in the temple of Your Glory as a babe in arms, and everything has been filled with Your praise.

#### Fifth Ode

When Isaiah symbolically saw God lifted high upon a throne, triumphantly borne by angels of Glory, he cried out, "O wretch that I am, for I have foreseen God incarnate, the Unwavering Light, and the Lord of Peace."

#### Sixth Ode

The elder, upon seeing with his own eyes salvation come to the people, cried out to You, "O Christ, You are of God, You are my God."

#### Seventh Ode

O Logos of God, who refreshed the children in the fire with dew as they contemplated things divine, and dwelt within the Pure Virgin, it is You we praise, reverently singing, "Blessed are You, God of our Fathers."

We praise, we bless and we worship the Lord.

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#### Ώδὴ η΄.

Άστέκτω πυοὶ ἑνωθέντες, οἱ θεοσεβείας ποοεστῶτες Νεανίαι, τῆ φλογὶ δὲ μὴ λωβηθέντες, θεῖον ὕμνον ἔμελπον Εὐλογεῖτε πάντα τὰ ἔργα τὸν Κύριον, και ὑπερυψοῦτε, εἰς πάντας τοὺς αἰῶνας.

## ΔΙΑΚΟΝΟΣ: Τοῦ Κυρίου δεηθῶμεν.

ΨΑΛΤΗΣ: Κύριε, ἐλέησον.

ΙΕΡΕΥΣ: Ότι Άγιος εἶ ὁ Θεὸς ἡμῶν, καὶ ἐν Άγίοις ἐπαναπαύῃ, καὶ σοὶ τὴν δόξαν ἀναπέμπομεν, τῷ Πατρί, καὶ τῷ Υἰῷ, καὶ τῷ Άγίῳ Πνεύματι, νῦν καὶ ἀεί, καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων.

ΨΑΛΤΗΣ: Ἀμήν. Πᾶσα πνοὴ αἰνεσάτω τὸν Κύριον (2). Αἰνεσάτω πνοὴ πᾶσα τὸν Κύριον.

## ΑΝΑΓΝΩΣΙΣ ΕΥΑΓΓΕΛΙΟΥ

ΔΙΑΚΟΝΟΣ: Καὶ ὑπὲς τοῦ καταξιωθῆναι ἡμᾶς τῆς ἀκοοάσεως τοῦ ἁγίου Εὐαγγελίου, Κύοιον τὸν Θεὸν ἡμῶν ἱκετεύσωμεν.

ΨΑΛΤΗΣ: Κύριε, ἐλέησον. (3)

ΔΙΑΚΟΝΟΣ: Σοφία· ὀϱθοί, ἀκούσωμεν τοῦ ἁγίου Εὐαγγελίου.

## ΙΕΡΕΥΣ: Εἰϱήνη πᾶσι.

ΨΑΛΤΗΣ: Καὶ τῷ πνεύματί σου.

#### Eighth Ode

Joined by the unbearable fire, but unharmed by its flame, the Youths, preeminent in piety, sang a divine hymn, "All you works of the Lord, Bless the Lord and exalt Him forever."

## **DEACON:** Let us pray to the Lord.

CANTOR: Lord, have mercy.

PRIEST: For You, our God, are Holy, and dwell in Your Holy Sanctuary, and to You we offer up glory, to the Father, and to the Son, and to the Holy Spirit, now and always, and forever and ever.

CANTOR: Amen. Let everything that breathes praise the Lord (2). Praise the Lord, everything that breathes.

## THE GOSPEL READING

DEACON: That we may be found worthy to hear the Holy Gospel, let us entreat the Lord our God.

CANTOR: Lord, have mercy. (3)

DEACON: Wisdom! Arise! Let us hear the Holy Gospel.

**PRIEST:** Peace be to all.

CANTOR: And to your spirit.

ΙΕΡΕΥΣ: Έκ τοῦ κατὰ Ἰωάννην Άγίου Εὐαγγελίου τὸ ἀνάγνωσμα.

#### ΔΙΑΚΟΝΟΣ: Ποόσχωμεν.

ΨΑΛΤΗΣ: Δόξα Σοι, Κύριε, δόξα Σοι.

#### Θ΄ ΕΩΘΙΝΟΝ ΕΥΑΓΓΕΛΙΟΝ

ΙΕΡΕΥΣ: Ούσης ὀψίας τῆ ἡμέρα έκείνη, τη μια των Σαββάτων, καί των θυρών κεκλεισμένων, όπου ἦσαν οἱ μαθηταὶ συνηγμένοι διὰ τὸν φόβον των Ιουδαίων, ήλθεν ό Ίησοῦς καὶ ἔστη εἰς τὸ μέσον, καὶ λέγει αὐτοῖς Εἰρήνη ὑμῖν. Kaì τοῦτο εἰπών, ἔδειξεν αὐτοῖς τὰς χείρας και την πλευράν αύτοῦ. Έχάρησαν οὖν οἱ μαθηταὶ ἰδόντες τον Κύριον. Εἶπεν οὖν αὐτοῖς ὁ Ίησοῦς πάλιν Εἰρήνη ὑμῖν καθώς ἀπέσταλκέ με ὁ Πατήο, κἀγὼ πέμπω ύμας. Καί τοῦτο εἰπων ἐνεφύσησε και λέγει αύτοις. Λάβετε Πνεύμα άv Άγιον τινων ἀφῆτε τὰς άμαρτίας, ἀφίενται αὐτοῖς, ἄν τινων κρατείτε, κεκράτηνται. Θωμαζ δέ, είς έκ των δώδεκα, ό λεγόμενος Δίδυμος, οὖκ ἦν μετ' αὐτῶν ὅτε ήλθεν ό Ίησοῦς. Έλεγον οὖν αὐτῷ οί άλλοι μαθηταί Έωράκαμεν τον Κύριον. Ό δε εἶπεν αὐτοῖς. Ἐὰν μὴ ίδω έν ταῖς χερσιν αὐτοῦ τὸν τύπον των ήλων, και βάλω τον δάκτυλόν μου είς τον τύπον των ήλων καί βάλω την χειρά μου είς την πλευράν αύτοῦ, οὐ μὴ πιστεύσω. Καὶ μεθ' ήμέρας όχτω πάλιν ἦσαν ἔσω οί μαθηταί αύτοῦ, χαί Θωμᾶς **PRIEST:** The reading is from the Holy Gospel according to St. John.

#### **DEACON:** Let us be attentive.

CANTOR: Glory to You, O Lord, glory to You.

#### NINTH EOTHINON GOSPEL

PRIEST: On the evening of that day, the first day of the week, the doors being shut where the disciples were, for fear of the Jews, Jesus came and stood among them and said to them, "Peace be with you."

When he had said this, he showed them his hands and his side. Then the disciples were glad when they saw the Lord. Jesus said to them again, "Peace be with you. As the Father has sent me, even so I send you."

And when he had said this, he breathed on them, and said to them, "Receive the Holy Spirit. If you forgive the sins of any, they are forgiven; if you retain the sins of any, they are retained."

Now Thomas, one of the twelve, called the Twin, was not with them when Jesus came. So the other disciples told him, "We have seen the Lord." But he said to them, "Unless I see in his hands the print of the nails, and place my finger in the mark of the nails, and place my hand in his side, I will not believe."

μετΆύτῶν. Έρχεται ὁ Ἰησοῦς, τῶν θυρών κεκλεισμένων, και έστη είς το μέσον και είπεν Εἰρήνη ύμιν. Εἶτα λέγει τῶ Θωμᾶ. Φέρε τόν δάκτυλόν σου ὧδε καὶ ἴδε τὰς χεῖράς μου καὶ φέρε τὴν χεῖρά σου καὶ βάλε είς την πλευράν μου, και μη γίνου ἄπιστος, άλλὰ πιστός. Kaì άπεκρίθη Θωμας και είπεν αυτώ. ο Κύριός μου και ο Θεός μου. Λέγει αύτῷ ὁ Ἰησοῦς. Ότι ἑώρακάς με πεπίστευκας. μαχάριοι oi μ'n ίδόντες και πιστεύσαντες. Πολλά μέν οὖν καὶ ἄλλα σημεῖα ἐποίησεν ὁ Ίησοῦς ἐνώπιον τῶν μαθητῶν αύτοῦ, ἅ οὐκ ἔστι γεγραμμένα ἐν τῷ βιβλίω τούτω. ταῦτα δὲ γέγραπται ίνα πιστεύσητε, ότι ό Ίησοῦς ἐστιν ό Χριστός ό Υίός τοῦ Θεοῦ, καὶ ίνα πιστεύοντες ζωήν έχητε έν τῷ όνόματι αύτοῦ.

ΨΑΛΤΗΣ: Δόξα Σοι, Κύριε, δόξα Σοι.

ΑΝΑΓΝΩΣΤΗΣ: Ἀνάστασιν Χριστοῦ θεασάμενοι, προσκυνήσωμεν άγιον, Ἰησοῦν, Κύριον τòν μόνον Τὸν Σταυρόν σου, άναμάρτητον. Χριστέ, προσκυνοῦμεν καὶ τὴν ἁγίαν Άνάστασιν ύμνοῦμεν σου xαì δοξάζομεν σύ γὰρ εἶ Θεὸς ἡμῶν, ἐκτὸς σοῦ ἄλλον οὐκ οἴδαμεν, τὸ ὄνομά σου όνομάζομεν. Δεῦτε πάντες οἱ πιστοί, προσκυνήσωμεν την τοῦ Χριστοῦ άγίαν Άνάστασιν ίδοῦ γὰρ ἦλθε διὰ τοῦ Σταυροῦ χαρὰ ἐν ὅλω τῶ κόσμω. Διὰ παντὸς εὐλογοῦντες τὸν Κύριον, ύμνοῦμεν Άνάστασιν τὴν αὐτοῦ. Σταυρόν ύπομείνας δι ήμας γὰρ θανάτω θάνατον ὤλεσεν.

Eight days later, his disciples were again in the house, and Thomas was with them. The doors were shut, but Jesus came and stood among them, and said, "Peace be with you." Then he said to Thomas, "Put your finger here, and see my hands; and put out your hand, and place it in my side; do not be faithless, but believing." Thomas answered him, "My Lord and my God!" Jesus said to him, "Have you believed because you have seen me? Blessed are those who have not seen and yet believe."

Now Jesus did many other signs in the presence of the disciples, which are not written in this book; but these are written that you may believe that Jesus is the Christ, the Son of God, and that believing you may have life in his name.

CANTOR: Glory to You, O Lord, glory to You.

READER: Having beheld the Resurrection of Christ, let us worship the holy Lord Jesus, the only sinless One. We venerate Your Cross, O Christ, and Your holy Resurrection we praise and glorify; for You are our God, we know no other; it is Your name we invoke.

Come, all you faithful, let us worship Christ's holy Resurrection; for behold, through the Cross joy has come to all the world. Ever blessing the Lord, let us praise His Resurrection. For in enduring the Cross for us, He destroyed death by death.

# ΨΑΛΜΟΣ 50

ΨΑΛΤΗΣ: Ἐλεῆμον ἐλέησόν με ὁ Θεὸς κατὰ τὸ μέγα ἔλεός σου, καὶ κατὰ τὸ πλῆθος τῶν οἰκτιομῶν σου ἐξάλειψον τὸ ἀνόμημά μου

Ἐπὶ πλεῖον πλῦνόν με ἀπὸ τῆς ἀνομίας μου καὶ ἀπὸ τῆς ἁμαρτίας μου καθάρισόν με. Ὅτι τὴν ἀνομίαν μου ἐγὼ γινώσκω, καὶ ἡ ἁμαρτία μου ἐνώπιόν μού ἐστι διὰ παντός.

Σοὶ μόνῷ ἥμαρτον, καὶ τὸ πονηρὸν ἐνώπιόν σου ἐποίησα, ὅπως ἂν δικαιωθῆς ἐν τοῖς λόγοις σου καὶ νικήσης ἐν τῷ κρίνεσθαί σε. Ἰδοὺ γὰρ ἐν ἀνομίαις συνελήφθην, καὶ ἐν ἁμαρτίαις ἐκίσσησέ με ἡ μήτηρ μου.

Ίδοὺ γὰο ἀλήθειαν ἠγάπησας τὰ ἄδηλα καὶ τὰ κούφια τῆς σοφίας σου ἐδήλωσάς μοι.

Ραντιεῖς με ὑσσώπω, καὶ καθαρισθήσομαι πλυνεῖς με, καὶ ὑπὲρ χιόνα λευκανθήσομαι.

Άκουτιεῖς μοι ἀγαλλίασιν καὶ εὐφοοσύνην ἀγαλλιάσονται ὀστέα τεταπεινωμένα.

Άπόστρεψον τὸ πρόσωπόν σου ἀπὸ τῶν ἁμαρτιῶν μου, καὶ πάσας τὰς ἀνομίας μου ἐξάλειψον.

Καρδίαν καθαράν κτίσον ἐν ἐμοὶ ὁ Θεός, καὶ Πνεῦμα εὐθὲς ἐγκαίνισον ἐν τοῖς ἐγκάτοις μου.

Μὴ ἀποὀῥίψης με ἀπὸ τοῦ προσώπου σου, καὶ τὸ Πνεῦμά σου τὸ Ἅγιον μὴ ἀντανέλης ἀπ'ἐμοῦ.

## **PSALM 50 (51)**

CANTOR: Have mercy on me, O God, in the greatness of your love;

- In the abundance of your tender mercies, wipe out my offense.
- Wash me thoroughly from my iniquity, and cleanse me from my sin,
- For I am well aware of my iniquity, and my sin is before me always.
- It is you alone I have offended: I have done what is evil in your sight,
- Wherefore you are justified in your charges and triumphant in your judgment.
- Behold, I was born in iniquities, and in sins my mother conceived me.
- But you are the lover of truth: You have shown the hidden depths of your wisdom.
- Sprinkle me with hyssop, and I shall be pure; cleanse me, and I shall be whiter than snow.
- Let me hear sounds of joy and feasting: The bones that were afflicted shall rejoice.
- Turn your face away from my offenses, and wipe off all my sins.
- A spotless heart create in me, O God! Renew a steadfast spirit in my breast.
- Cast me not away from your face; take not your blessed Spirit out of me.

-ΟΡΘΡΟΣ-ΟΡΘΡΟΣ-ΟΡΘΡΟΣ-ΟΡΘΡΟΣ-ΟΡΘΡΟΣ-ΟΡΘΡΟΣ-ΟΡΘΡΟΣ-ΟΡΘΡΟΣ-ΟΡΘΡΟΣ-	-ΟΡΘΡΟΣ-ΟΡΘΡΟΣ-ΟΡΘΡΟΣ-ΟΡΘΡΟΣ-ΟΡΘΡΟΣ-ΟΡΘΡΟΣ-ΟΡΘΡΟΣ-ΟΡΘΡΟΣ-
Ἀπόδος μοι τὴν ἀγαλλίασιν τοῦ σωτηρίου σου, καὶ Πνεύματι ἡγεμονικῷ στήριξόν με. Διδάξω ἀνόμους τὰς ὁδούς σου, καὶ ἀσεβεῖς ἐπὶ σὲ ἐπιστρέψουσι. Ρῦσαί με ἐξ αἱμάτων ὁ Θεός, ὁ Θεὸς τῆς σωτηρίας μου ἀγαλλιάσεται ἡ γλῶσσά μου τὴν δικαιοσύνην σου.	<ul> <li>Restore to me the joy of your salvation, and let your guiding Spirit dwell in me.</li> <li>I will teach your ways to the sinner, and the wicked shall return to you.</li> <li>Deliver me from blood-guilt, O God, my saving God, and my tongue will joyfully sing your justice.</li> </ul>
Κύοιε, τὰ χείλη μου ἀνοίξεις, καὶ τὸ στόμα μου ἀναγγελεῖ τὴν αἶνεσίν σου. Ὅτι, εἰ ἠθέλησας θυσίαν, ἔδωκα ἀν <sup>.</sup> ὁλοκαυτώματα οὐκ εὐδοκήσεις.	<ul> <li>O Lord, you will open my lips, and my mouth shall declare your praise.</li> <li>Had you desired sacrifice, I would have offered it, but you will not be satisfied with whole-burnt offerings.</li> </ul>
Ουσία τῷ Θεῷ πνεῦμα συντετομμένον <sup>.</sup> καοδίαν συντετομμένην καὶ τεταπεινωμένην ὁ Θεὸς οὐκ ἐξουδενώσει.	- Sacrifice to God is a contrite spirit: a crushed and humbled heart God will not spurn.
Άγάθυνον, Κύοιε, ἐν τῆ εὐδοκία σου τὴν Σιών, καὶ οἰκοδομηθήτω τὰ τείχη Ἱεοουσαλήμ.	- In your kindness, O Lord, be bountiful to Sion; may the walls of Jerusalem be restored.
Τότε εὐδοϰήσεις θυσίαν δικαιοσύνης, ἀναφορὰν καὶ ὀλοκαυτώματα.	- Then will you delight in proper oblation, in sacrifice and whole- burnt offerings.
Τότε ἀνοίσουσιν ἐπὶ τὸ θυσιαστήριόν σου μόσχους καὶ ἐλέησόν με ὁ Θεός.	- Then shall they offer calves upon your altar, and have mercy on me, O God.
Δόξα Πατοί, καὶ Υἰῷ, καὶ Ἀγίφ Πνεύματι.	Glory to the Father, and the Son, and the Holy Spirit.
Ταῖς τῶν Ἀποστόλων πρεσβείαις, Ἐλεῆμον, ἐξάλειψον τὰ πλήθη τῶν ἐμῶν ἐγκλημάτων.	Through the prayers, O Merciful, of the Apostles, wash away the multitude of my offenses.
Καὶ νῦν ϰαὶ ἀεί, ϰαὶ εἰς τοὺς αἰῶνας τῶν αἰώνων. Ἀμὴν.	Now and always, and forever and ever. Amen.

-0P@P0Z-0P#QZ-0P#

Ταῖς τῆς Θεοτόκου πρεσβείαις, Ἐλεῆμον, ἐξάλειψον τὰ πλήθη τῶν ἐμῶν ἐγκλημάτων.

Ἐλεῆμον, ἐλέησόν με, ὁ Θεός, κατὰ τὸ μέγα ἔλεός σου καὶ κατὰ τὸ πλῆθος τῶν οἰκτιομῶν σου, ἐξάλειψον τὸ ἀνόμημά μου.

Άναστὰς ὁ Ἰησοῦς ἀπὸ τοῦ τάφου, καθὼς προεῖπεν, ἔδωκεν ἡμῖν τὴν αἰώνιον ζωὴν καὶ μέγα ἔλεος.

ΔΙΑΚΟΝΟΣ: Σῶσον, ὁ Θεός, τὸν λαόν σου, και εύλόγησον την κληρονομίαν σου επίσκεψαι τον κόσμον σου έν έλέει καὶ οἰκτιρμοῖς ὕψωσον κέρας όρθοδόξων χοιστιανών zαì κατάπεμψον έφ'ήμᾶς τὰ έλέη σου τὰ πλούσια· πρεσβείαις τῆς Παναχράντου Δεσποίνης ท่นดิง Θεοτόχου zαì άειπαρθένου Μαρίας δυνάμει τοῦ τιμίου xαì ζωοποιοῦ Σταυροῦ. προστασίαις των τιμίων, ἐπουρανίων Δυνάμεων ασωμάτων ίχεσίαις τοῦ τιμίου xαì ένδόξου Ποοφήτου. Προδρόμου και Βαπτιστοῦ Ἰωάννου. τῶν ἁγίων, ἐνδόξων καὶ πανευφήμων Άποστόλων των έν άγίοις Πατέρων μεγάλων Ίεραρχῶν ήμῶν, zαì οίχουμενιχών διδασκάλων, Βασιλείου Μεγάλου, Γρηγορίου τοῦ τοῦ Θεολόγου Ίωάννου zαì τοῦ Χουσοστόμου· Άθανασίου zαì Κυρίλλου, Ίωάννου τοῦ Ἐλεήμονος, Πατοιαοχῶν Ἀλεξανδοείας, Νικολάου τοῦ ἐν Μύροις, Σπυρίδωνος ἐπισκόπου Νεκταρίου Τοιμυθοῦντος, ×αì Πενταπόλεως, των θαυματουργων. ἐνδόξων τῶν ἁγίων

Through the prayers, O Merciful, of the Theotokos, wash away the multitude of my offenses.

- O God, have mercy upon me in the greatness of your love, in the abundance of your tender mercies wipe out my offense.

Indeed Jesus is risen as He foretold, and He has given us eternal life and abundant mercy.

**DEACON: O God, save Your people and bless Your inheritance.** 

Look upon Your world with mercy and compassion. Uplift the strength of Orthodox Christians.

Send down upon us Your abundant mercies;

through the intercessions of our most pure Lady, the Theotokos and ever-virgin Mary; through the power of the precious and life-giving Cross;

through the prayers of the honorable, bodiless heavenly powers; of the honorable, glorious Prophet and Forerunner John the Baptist;

the holy, glorious and praiseworthy Apostles; of our Fathers among the Saints and great ecumenical Teachers and Hierarchs Basil the Great, Gregory the Theologian, and John Chrysostom;

Athanasios and Cyril, John the Merciful, Patriarchs of Alexandria;

Nicholas of Myra, Spyridon of Trymythous and Nectarios of Pentapolis the Wonder Workers; the

μεγαλομαρτύρων Γεωργίου τοῦ Δημητοίου Τροπαιοφόρου, τοῦ Μυροβλήτου, Θεοδώρου τοῦ Τήρωνος, Θεοδώρου τοῦ Στρατηλάτου, Μηνã τοῦ θαυματουργοῦ, τῶν ἱερομαρτύρων Χαραλάμπους και Έλευθερίου των άγίων ένδόξων, μεγάλων μαρτύρων Βαρβάρας, Άναστασίας. Θέκλας, Αἰκατερίνης, Κυριακῆς, Φωτεινῆς, Μαρίνης, Παρασκευης και Εἰρήνης. των άγίων ένδόξων και καλλινίκων Μαρτύρων των όσίων και θεοφόρων Πατέρων ήμων των έν άσκήσει λαμψάντων (τοῦ Αγίου τοῦ Ναοῦ) των άγίων και δικαίων Θεοπατόρων Ίωακείμ και Άννης, Ξενοφωντος τοῦ ὁσίου καὶ τῆς συνοδείας αὐτοῦ ὦν καὶ τὴν μνήμην ἐπιτελοῦμεν καὶ πάντων σου των άγίων ικετεύομέν μόνε πολυέλεε Κύοιε, σε, έπάκουσον ήμῶν τῶν ἁμαρτωλῶν δεομένων σου και έλέησον ήμαζ.

ΨΑΛΤΗΣ: Κύριε, ἐλέησον. (12)

ΙΕΡΕΥΣ: Ἐλέει, καὶ οἰκτιομοῖς, καὶ φιλανθοωπία τοῦ Μονογενοῦς σου Υἱοῦ, μεθ'οὖ εὐλογητὸς εἶ, σὺν τῷ παναγίῳ καὶ ἀγαθῷ καὶ ζωοποιῷ σου Πνεύματι, νῦν καὶ ἀεὶ καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων.

## ΨΑΛΤΗΣ: Ἀμήν.

ΔΙΑΚΟΝΟΣ: Τὴν Θεοτόχον χαὶ Μητέρα τοῦ Φωτός, ἐν ὕμνοις τιμῶντες μεγαλύνωμεν.

holy, glorious, great martyrs George the Standard Bearer, Demetrios the Myroblete, Theodore of Tyre and Theodore the Commander, Menas the Wonder Worker; Eleftherios and Haralambos the holy priest-martyrs; of the holy, glorious, great martyrs, Thekla, Barbara. Anastasia, Katherine, Kyriaki, Fotini, Marina, Paraskevi and Irene; of the holy, glorious and victorious Martyrs; of our venerable and godly ascetic Fathers; (the patron of the parish is now commemorated); of the holy and righteous Ancestors of God, Joachim and Anna. of the venerable Xenophon and his companions, whose memory we keep today, and of all Your saints.

We beseech You, the only, most merciful Lord, listen to us sinners who pray to You, and have mercy on us.

CANTOR: Lord, have mercy. (12)

PRIEST: Through the mercy and compassion and love for mankind of Your only-begotten Son, with whom You are blessed, together with Your holy, good and life-giving Spirit, now and always, and forever and ever.

## CANTOR: Amen.

DEACON: Honoring her with hymns, let us magnify the Theotokos, the Mother of Light. -0P@P0Z-0P#D0Z-0D

ΨΑΛΤΗΣ: Μεγαλύνει ἡ ψυχή μου, τὸν Κύοιον καὶ ἠγαλλίασε τὸ πνεῦμά μου ἐπὶ τῷ Θεῷ τῷ σωτῆρί μου.

Την τιμιωτέραν τῶν Χερουβεὶμ, καὶ ἐνδοξοτέραν ἀσυγκρίτως τῶν Σεραφείμ, τὴν ἀδιαφθόρως Θεὸν Λόγον τεκοῦσαν, τὴν ὄντως Θεοτόκον, σὲ μεγαλύνομεν.

Ότι ἐπέβλεψεν ἐπὶ τὴν ταπείνωσιν τῆς δούλης αὐτοῦ ἰδοὺ γὰρ ἀπὸ τοῦ νῦν μακαριοῦσί με πᾶσαι αἱ γενεαί.

Την τιμιωτέραν τῶν Χερουβεὶμ, καὶ ἐνδοξοτέραν ἀσυγκρίτως τῶν Σεραφείμ, τὴν ἀδιαφθόρως Θεὸν Λόγον τεκοῦσαν, τὴν ὄντως Θεοτόκον, σὲ μεγαλύνομεν.

Ότι ἐποίησέ μοι μεγαλεῖα ὁ δυνατός, καὶ ἅγιον τὸ ὄνομα αὐτοῦ καὶ τὸ ἔλεος αὐτοῦ εἰς γενεὰν καὶ γενεὰν τοῖς φοβουμένοις αὐτόν.

Τὴν τιμιωτέραν τῶν Χερουβεὶμ, καὶ ἐνδοξοτέραν ἀσυγκρίτως τῶν Σεραφείμ, τὴν ἀδιαφθόρως Θεὸν Λόγον τεκοῦσαν, τὴν ὄντως Θεοτόκον σὲ μεγαλύνομεν.

Ἐποίησε κράτος ἐν βραχίονι αὐτοῦ, διεσκόρπισεν ὑπερηφάνους διανοία καρδίας αὐτῶν.

Τὴν τιμιωτέραν τῶν Χερουβεὶμ, καὶ ἐνδοξοτέραν ἀσυγκρίτως τῶν Σεραφείμ, τὴν ἀδιαφθόρως Θεὸν Λόγον τεκοῦσαν, τὴν ὄντως Θεοτόκον σὲ μεγαλύνομεν. CANTOR: My soul magnifies the Lord, and my spirit rejoices in God, my Savior.

-More honored than the Cherubim, and more glorious beyond compare than the Seraphim, in purity you gave birth to God the Logos. Truly you are the Mother of God: you do we magnify.

Because He has regarded the humility of His handmaid: behold, henceforth all generations shall call me blessed.

-More honored than the Cherubim, and more glorious beyond compare than the Seraphim, in purity you gave birth to God the Logos. Truly you are the Mother of God: you do we magnify.

Because He who is mighty has done me great things; and Holy is His name; and His mercy is from generation to generation to those who fear Him.

-More honored than the Cherubim, and more glorious beyond compare than the Seraphim, in purity you gave birth to God the Logos. Truly you are the Mother of God: you do we magnify.

He has shown might in His arm: He has scattered the proud in the mind of their heart.

-More honored than the Cherubim, and more glorious beyond compare than the Seraphim, in purity you gave birth to God the Logos. Truly you are the Mother of God: you do we magnify.

Καθεῖλε δυνάστας ἀπὸ θρόνων καὶ ὕψωσε ταπεινούς, πεινῶντας ἐνέπλησεν ἀγαθῶν καὶ πλουτοῦντας ἐξαπέστειλε κενούς.

Τὴν τιμιωτέραν τῶν Χερουβεὶμ, καὶ ἐνδοξοτέραν ἀσυγκρίτως τῶν Σεραφείμ, τὴν ἀδιαφθόρως Θεὸν Λόγον τεκοῦσαν, τὴν ὄντως Θεοτόκον σὲ μεγαλύνομεν.

Άντελάβετο Ίσραὴλ παιδὸς αὐτοῦ μνησθῆναι ἐλέους, καθὼς ἐλάλησε ποὸς τοὺς πατέρας ἡμῶν, τῷ Ἀβραὰμ καὶ τῷ σπέρματι αὐτοῦ ἕως αἰῶνος.

Τὴν τιμιωτέραν τῶν Χερουβεὶμ, καὶ ἐνδοξοτέραν ἀσυγκρίτως τῶν Σεραφεὶμ, τὴν ἀδιαφθόρως Θεὸν Λόγον τεκοῦσαν, τὴν ὄντως Θεοτόκον σὲ μεγαλύνομεν.

Θεοτόκε ἡ ἐλπίς, πάντων τῶν Χοιστιανῶν, σκέπε φοούοει φύλαττε, τοὺς ἐλπίζοντας εἰς σέ.

Ώδὴ θ΄

Έν νόμφ σκιᾶ καὶ γράμματι, τύπον κατίδωμεν οἱ πιστοί πᾶν ἄρσεν τὸ τὴν μήτραν διανοῖγον, ἄγιον Θεῷ διὸ πρωτότοκον Λόγον, Πατρὸς ἀνάρχου Υἰόν, πρωτοτοκούμενον Μητρί, ἀπειράνδρϣ, μεγαλύνομεν.

ΔΙΑΚΟΝΟΣ: Έτι καὶ ἔτι, ἐν εἰρήνη τοῦ Κυρίου δεηθῶμεν. He has taken down the mighty from their thrones and has exalted the humble. He has filled the hungry with good things, and the rich he has sent away empty.

-More honored than the Cherubim, and more glorious beyond compare than the Seraphim, in purity you gave birth to God the Logos. Truly you are the Mother of God: you do we magnify.

He has aided Israel His servant, being mindful of His mercy. As He spoke to our Fathers: to Abraham and to his seed forever.

-More honored than the Cherubim, and more glorious beyond compare than the Seraphim, in purity you gave birth to God the Logos. Truly you are the Mother of God: you do we magnify.

O Theotokos, the hope of all Christians, shelter, defend, and protect all those who trust in you.

## Ninth Ode

O Faithful, let us, in the shadow and the letter of the Law, discover this passage: "Every male child that opens the womb is called holy to God." Therefore, let us magnify the firstborn Logos, Son of the Father who is without beginning, firstborn of the Mother who knew no man.

**DEACON:** Again in peace, let us pray to the Lord.

-0P@P0Z-0P#D0Z-0P#D

ΨΑΛΤΗΣ: Κύριε, ἐλέησον.

ΔΙΑΚΟΝΟΣ: Άντιλαβοῦ, σῶσον, ἐλέησον καὶ διαφύλαξον ἡμᾶς, ὁ Θεός, τῆ σῆ χάριτι.

ΨΑΛΤΗΣ: Κύριε, ἐλέησον.

ΔΙΑΚΟΝΟΣ: Τῆς παναγίας, ἀχράντου, ὑπερευλογημένης, ἐνδόξου, Δεσποίνης ἡμῶν, Θεοτόχου καὶ ἀειπαρθένου Μαρίας, μετὰ πάντων τῶν Ἀγίων μνημονεύσαντες, ἑαυτοὺς καὶ ἀλλήλους, καὶ πᾶσαν τὴν ζωὴν ἡμῶν Χριστῷ τῷ Θεῷ παραθώμεθα.

ΨΑΛΤΗΣ: Σοί, Κύριε.

ΙΕΡΕΥΣ: Ότι σὲ αἰνοῦσι πᾶσαι αἰ Δυνάμεις τῶν οὐϱανῶν, καὶ σοὶ τὴν δόξαν ἀναπέμπουσι, τῷ Πατρί, καὶ τῷ Υἱῷ, καὶ τῷ Άγίῳ Πνεύματι, νῦν καὶ ἀεί, καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων.

ΨΑΛΤΗΣ: Ἀμήν.

ΨΑΛΤΗΣ: Άγιος Κύριος ὁ Θεὸς ἡμῶν. (2)

Ύψοῦτε Κύριον τὸν Θεὸν ἡμῶν καὶ προσκυνεῖτε τῷ ὑποποδίῳ τῶν ποδῶν αὐτοῦ, ὅτι ἅγιός ἐστι.

## **ΕΞΑΠΟΣΤΕΙΛΑΡΙΟΝ**

Θ΄

Συγκεκλεισμένων Δέσποτα, τῶν θυρῶν ὡς εἰσῆλθες, τοὺς ἀποστόλους ἔπλησας Πνεύματος παναγίου, CANTOR: Lord, have mercy.

DEACON: Help us, save us, have mercy on us, and keep us, O God, in Your grace.

CANTOR: Lord, have mercy.

DEACON: Remembering our most holy, pure, blessed, and glorious Lady, the Theotokos and ever-virgin Mary, with all the Saints, let us commend ourselves and one another, and our whole life to Christ our God.

CANTOR: To You, O Lord.

PRIEST: For all the heavenly powers praise You, and offer up glory to You, to the Father, and to the Son, and to the Holy Spirit, now and always, and forever and ever.

CANTOR: Amen.

CANTOR: Holy is the Lord our God. (2)

Exalt the Lord our God and worship at His footstool, for Holy is He.

## EXAPOSTILARION

#### Ninth

As You entered through closed doors, O Master, You gently breathed upon the Apostles, filling

εἰϱηνικῶς ἐμφυσήσας, οἶς δεσμεῖν τε καὶ λύειν τὰς ἁμαρτίας εἴϱηκας καὶ ὀκτὼ μεθ' ἡμέρας, τὴν σὴν πλευρὰν τῷ Θωμῷ ὑπέδειξας καὶ τὰς χεῖρας, μεθ' οὖ βοῶμεν Κύριος καὶ Θεὸς σὺ ὑπάρχεις.

## ΘΕΟΤΟΚΙΟΝ

Τὸν σὸν Υἱὸν ὡς ἔβλεψας, ἀναστάντα ἐκ τάφου, τριήμερον Θεόνυμφε, ἅπασαν θλῖψιν ἀπέθου, ἥν ὑπέστης ὡς μήτηρ, ὅτε κατεῖδες πάσχοντα, καὶ χαρᾶς ἐμπλησθεῖσα, σὺν τοῖς αὐτοῦ μαθηταῖς γεραίρουσα τοῦτον ὕμνεις. Διὸ τοὺς Θεοτόκον σε, νῦν κηρύττοντας σῷζε.

## OI AINOI

ΨΑΛΤΗΣ: Πᾶσα πνοὴ αἰνεσάτω τὸν Κύριον. Αἰνεῖτε τὸν Κύριον ἐκ τῶν οὐρανῶν αἰνεῖτε αὐτὸν ἐν τοῖς ὑψίστοις. Σοὶ πρέπει ὕμνος τῷ Θεῷ.

Αἰνεῖτε αὐτὸν πάντες οἱ Ἄγγελοι αὐτοῦ<sup>.</sup> αἰνεῖτε αὐτὸν, πᾶσαι αἱ δυνάμεις αὐτοῦ. Σοὶ πρέπει ὕμνος τῷ Θεῷ.

Τοῦ ποιῆσαι ἐν αὐτοῖς κοῖμα ἔγγραπτον δόξα αὕτη ἔσται πᾶσι τοῖς ὁσίοις αὐτοῦ.

Ήχος πλ. β΄

Ο Σταυρός σου, Κύριε, ζωὴ καὶ ἀνάστασις ὑπάρχει τῷ λαῷ σου καὶ ἐπ' αὐτῷ πεποιθότες σὲ τὸν ἀναστάντα Θεὸν ἡμῶν ὑμνοῦμεν ἐλέησον ἡμᾶς. them with the Holy Spirit, telling them to loose and bind sins. And, after eight days, You showed Your side and hands to Thomas, with whom we cry out, "You are Lord and God."

## THEOTOKION

When you saw your Son risen on the third day, O Bride of God, most Holy Virgin, all the sorrow you endured as a mother, seeing Him suffer, was gone. Filled with joy, you honor and praise Him with His disciples. Save those who now proclaim you Theotokos.

## THE LAUDS

CANTOR: Let everything that breathes praise the Lord. Praise the Lord from the heavens, praise Him in the heights. To You, O God, praise is due.

Praise Him, all you His angels; praise Him, all you His hosts. To You, O God, praise is due.

To execute on them the written judgment: this is glory for all his faithful.

## Sixth tone

Your Cross, O Lord, is Life and Resurrection to Your people. Trusting in that Cross, we praise You, our Risen God. Have mercy on us.

Αἰνεῖτε τὸν Θεὸν ἐν τοῖς ἁγίοις αὐτοῦ αἰνεῖτε αὐτὸν ἐν στερεώματι τῆς δυνάμεως αὐτοῦ.

Ή ταφή σου, Δέσποτα, παράδεισον ήνοιξε τῷ γένει τῶν ἀνθρώπων καὶ ἐκ φθορᾶς λυτρωθέντες, σὲ τὸν ἀναστάντα Θεὸν ἡμῶν ὑμνοῦμεν ἐλέησον ἡμᾶς.

Aἰνεῖτε αὐτὸν ἐπὶ ταῖς δυναστείαις αὐτοῦ αἰνεῖτε αὐτὸν κατὰ τὸ πλῆθος τῆς μεγαλωσύνης αὐτοῦ.

Σὺν Πατοὶ καὶ Πνεύματι Χοιστὸν ἀνυμνήσωμεν τὸν ἀναστάντα ἐκ νεκοῶν καὶ ποὸς αὐτὸν ἐκβοῶμεν Σὺ ζωὴ ὑπάοχεις ἡμῶν καὶ ἀνάστασις ἐλέησον ἡμᾶς.

Αἰνεῖτε αὐτὸν ἐν ἤχῷ σάλπιγγος αἰνεῖτε αὐτὸν ἐν ψαλτηρίῳ καὶ κιθάρα.

Τριήμερος ἀνέστης, Χριστέ, ἐκ τάφου, καθὼς γέγραπται, συνεγείρας τὸν προπάτορα ἡμῶν. Διό σε καί δοξάζει τὸ γένος τῶν ἀνθρώπων καὶ ἀνυμνεῖ σου τὴν ἀνάστασιν.

Αἰνεῖτε αὐτὸν ἐν τυμπάνῷ καὶ χοοῷ αἰνεῖτε αὐτὸν ἐν χοοδαῖς καὶ ὀογάνῷ.

Κύριε, μέγα καὶ φοβερὸν ὑπάρχει τῆς σῆς ἀναστάσεως τὸ μυστήριον οὕτω γὰρ προῆλθες ἐκ τοῦ τάφου, ὡς νυμφίος ἐκ παστάδος, θανάτῷ θάνατον λύσας, ἴνα τὸν Ἀδὰμ ἐλευθερώσης. Όθεν ἐν οὐρανοῖς ἄγγελοι χορεύουσι καὶ ἐπὶ τῆς γῆς ἄνθρωποι δοξάζουσι τὴν εἰς ἡμᾶς γενομένην εὐσπλαγχνίαν σου, φιλάνθρωπε. Praise the Lord in his holy places, praise him in the firmament of his strength!

Master, Your burial opened paradise to humanity. Freed from corruption, we praise You, our Risen God. Have mercy on us.

Praise him for his mighty deeds, praise him for the fullness of his majesty!

Let us praise Christ, who rose from the dead, with the Father and the Spirit. Let us cry out to Him, "You are our Life and our Resurrection, have mercy on us."

Praise him with the sound of the trumpet, praise him with the harp and the lyre!

You rose from the dead in three days, as it was written, O Christ, and raised our forefather with You. Wherefore, humanity glorifies You and praises Your Resurrection.

Praise him with timbrel and dance, praise him with strings and pipe!

The mystery of Your Resurrection is great and awesome. You emerged from the grave as would a bridegroom from his chamber. You destroyed death by death that You might free Adam. Wherefore, angels in heaven rejoice, and people on earth glorify Your compassion toward us, O Loving One.

Αἰνεῖτε αὐτὸν ἐν κυμβάλοις εὐήχοις αἰνεῖτε αὐτὸν ἐν κυμβάλοις ἀλαλαγμοῦ. Πᾶσα πνοὴ αἰνεσάτω τὸν Κύριον.

<sup>5</sup>Ω παράνομοι Ιουδαῖοι, ποῦ εἰσιν αἰ σφραγῖδες καὶ τὰ ἀργύρια, ἅ ἐδώκατε τοῖς στρατιώταις: Οὐκ ἐκλάπη ὁ θησαυρός, ἀλλὰ ἀνέστη ὡς δυνατός αὐτοὶ δὲ κατησχύνθητε ἀρνησάμενοι Χριστόν, τὸν Κύριον τῆς δόξης, τὸν παθόντα καὶ ταφέντα καὶ ἀναστάντα ἐκ νεκρῶν. Αὐτόν προσκυνήσωμεν.

Άνάστηθι, Κύοιε ὁ Θεός μου, ὑψωθήτω ἡ χεὶο σου μὴ ἐπιλάθου τῶν πενήτων σου εἰς τέλος.

Σφραγισθέντες τοῦ μνήματος πῶς ἐσυλήθητε, Ιουδαῖοι, φύλαχας καταστήσαντες καί σημεία θέντες. Τῶν προῆλθεν κεκλεισμένων θυρῶν ò βασιλεύς. Η ώς νεκρόν παραστήσατε ή ώς Θεόν προσκυνήσατε σύν ήμιν μελωδοῦντες Δόξα, Κύριε, τῷ Σταυρῷ σου καὶ τῆ ἀναστάσει σου.

Έξομολογήσομαί σοι, Κύοιε, ἐν ὅλη καρδία μου, διηγήσομαι πάντα τὰ θαυμάσιά σου.

Τό ζωοδόχον σου μνημα αί μυροφόροι όδυρόμεναι κατέλαβον, γυναῖκες Κύριε, καὶ μύρα βαστάζουσαι τὸ σῶμά σου τὸ ἄχραντον μυρίσαι Εύρον δε φωτοφόρον ἐπεζήτουν. άγγελον έν τῷ λίθω καθήμενον καὶ πρός αὐτὰς φθεγγόμενον καὶ λέγοντα. δαχρύετε τὸν ἐx πλευρᾶς Τí πηγάσαντα τῷ κόσμω τὴν ζωήν; τί έπιζητεῖτε ὥσπερ θνητὸν ἐν μνήματι Praise him with resounding cymbals, praise him with cymbals of triumph! Let everything that breathes praise the Lord!

O lawless Judeans, where are the seals and the silver given the soldiers? The Treasure was not stolen but is risen, for He is mighty. They were put to shame who denied Christ, the Lord of Glory, who suffered and was buried and rose from the dead. Let us worship Him.

Arise, O lord my God, lift your mighty hand; forget not your poor.

Why do they say they have been robbed? They placed guards and seals on the tomb and secured it. But the King emerged even through closed doors. Show Him as dead, or worship Him with us singing, "Glory to Your Cross and Resurrection, O Lord."

I shall praise you, O Lord with all my heart and I shall proclaim your mighty deeds.

The Myrrh-bearing women came weeping to Your life-giving tomb. They held myrrh, seeking to anoint Your precious body. They found a luminescent angel sitting on a stone, who spoke and said to them, "Why do you weep for Him from whose side flows the well-spring of life to the world? Why do you seek as dead and in a tomb Him who is immortal? But -0P@P0Z-0P#D0Z-0D

τὸν ἀθάνατον; Δραμοῦσαι δὲ μᾶλλον ἀπαγγείλατε τοῖς αὐτοῦ μαθηταῖς τῆς αὐτοῦ ἐνδόξου ἀναστάσεως τὴν παγκόσμιον χαρμονήν ἐν ἦ καὶ ἡμᾶς, Σωτήρ, φωτίσας, δώρησαι ἱλασμὸν καὶ τὸ μέγα ἔλεος.

#### ΔΟΞΑΣΤΙΚΟΝ

Θ΄. Ήχος πλ. α΄.

Δόξα Πατοί, καὶ Υἱῷ, καὶ Ἀγίφ Πνεύματι.

Ώς ἐπ' ἐσχάτων τῶν χρόνων, οὔσης ὀψίας Σαββάτων, ἐφίστασαι τοῖς φίλοις, Χριστέ, καὶ θαύματι θαῦμα βεβαιοῖς τῆ κεκλεισμένη εἰσόδῷ τῶν θυρῶν τὴν ἐκ νεκρῶν σου ἀνάστασιν. Ἀλλιἔπλησας χαρᾶς τοὺς μαθητὰς καὶ Πνεύματος ἁγίου μετέδωκας αὐτοῖς καὶ ἐξουσίαν ἔνειμας ἀφέσεως ἁμαρτιῶν· καὶ τὸν Θωμᾶν οὐ κατέλιπες τῷ τῆς ἀπιστίας καταβαπτίζεσθαι κλύδωνι. Διὸ παράσχου καὶ ἡμῖν γνῶσιν ἀληθῆ καὶ ἄφεσιν πταισμάτων, εὕσπλαγχνε Κύριε.

#### Καὶ νῦν καὶ ἀεί, καὶ εἰς τούς αἰῶνας τῶν αἰώνων. Ἀμήν.

Υπερευλογημένη ὑπάρχεις, Θεοτόκε Παρθένε· διὰ γὰρ τοῦ ἐκ σοῦ σαρκωθέντος, ὁ Ἅδης ἠχμαλώτισται, ὁ Ἀδὰμ ἀνακέκληται, ἡ κατάρα νενέκρωται, ἡ Εὖα ἠλευθέρωται, ὁ θάνατος τεθανάτωται καὶ ἡμεῖς ἐζωοποιήθημεν. Διὸ ἀνυμνοῦντες βοῶμεν· Εὐλογητὸς Χριστὸς ὁ Θεὸς ἡμῶν, ὁ οῦτως εὐδοκήσας, δόξα σοι.

## ΔΟΞΟΛΟΓΙΑ (<sup>~</sup>Ιδετε σελ. 672)

rather, hasten and speak to His disciples of His glorious Resurrection, which is joy to the world." To us, also enlightened in the Resurrection, O Savior, grant forgiveness and great mercy.

#### **DOXASTIKON (PROPER)**

Ninth Eothinon. Fifth tone.

Glory to the Father, and the Son, and the Holy Spirit.

At the appropriate time, You came and stood in the midst of Your beloved friends. It was on the eve of the Sabbath, and miraculously entering through closed doors You confirmed the miracle of Your Resurrection from the dead. You filled Your disciples with joy, and granted them the Holy Spirit and the power to forgive sins. And You did not abandon Thomas to drown in the tempest of disbelief. O Compassionate Lord, grant also to us true knowledge and forgiveness of our sins.

Now and always, and forever and ever. Amen.

You are greatly blessed, O Virgin Theotokos, for Hades has been taken captive by Him who was born of you. Adam was brought back, the curse was abolished, Eve was delivered, death was put to death, and we were given life anew. In praise, we cry aloud, "Blessed are You, O Christ our God, who have shown Your good pleasure. Glory to You."

## **DOXOLOGY** (see page 672)